

## CURRICULUM VITAE

**ELVA M. ARREDONDO, Ph.D.**

### PRESENT POSITIONS

Professor

Department of Psychology  
San Diego State University

Core Investigator

Institute for Behavioral Health and Community Health (IBACH)  
San Diego State University

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### EDUCATION

Postdoctoral Researcher, 2003-2005

Graduate School of Public Health, San Diego State University and Institute for Behavioral and Community Health Studies

Ph.D. in Clinical Psychology, 2003

Duke University

Dissertation: Evaluating a stage model in the prediction of Latinas' cervical cancer screening practices: The role of psychosocial and cultural predictors

Clinical Residency, Behavioral Medicine Track, 2002-2003

University of California, San Diego Medical Center (Hillcrest and Thornton) and San Diego Veterans Affairs Medical Center

M.A. in Psychology, 2000

Duke University

Thesis: Latinas and cervical cancer screening: An analysis of the cultural and interpersonal roots of bias

B.S. in Psychology (*With Honors*), 1995

University of Washington, Seattle

Honor's Thesis: Substance use among African American adolescent females: Risk and protective factors

### PROFESSIONAL POSITIONS

2021-present Professor

San Diego State University, Psychology Department.

2016-2021 Professor

San Diego State University, School of Public Health, Division of Health Promotion and Behavioral Science.

2011-2016 Associate Professor (with Tenure)

San Diego State University, Graduate School of Public Health, Division of Health Promotion and Behavioral Science.

2006-present Core Investigator

- 2008-2011 San Diego State University Research Foundation, Institute for Behavioral and Community Health  
Assistant Professor  
San Diego State University, Graduate of School of Public Health, Division of Health Promotion and Behavioral Sciences.
- 2003-2006 Core Investigator  
San Diego State University Research Foundation, Institute for Behavioral and Community Health.

### ADMINISTRATIVE POSITIONS

- 2012-2018 Joint Doctoral Program Co-Director  
University of California, San Diego and San Diego State University, Health Behavior Track

### HONORS AND AWARDS

#### Research

- 2008 San Ysidro Health Center Latino Health Leadership Summit Award
- 2007-08 Redes en Acción, the National Hispanic/Latino Cancer Network
- 2006-10 Loan Repayment Program (NIH)
- 2006 Award of Achievement, Continuing Umbrella of Research Experiences (CURE) Rising Star. Center to Reduce Cancer Health Disparities, National Cancer Institute.
- 2003-05 Loan Repayment Program (NIH)
- 2003-04 Redes en Acción, the National Hispanic/Latino Cancer Network
- 1996 Award of Excellence, American Association for the Advancement of Science

#### Teaching/Mentoring

- 2017 Award of Mentoring, Continuing Umbrella of Research Experiences (CURE). National Cancer Institute
- 2013 College of Health and Human Services Student Council Award-Outstanding Graduate Professor

#### Other Awards and Competitive Selections

- 2023 Society of Behavioral Medicine Fellow
- 2019 C. Tracy Orleans Distinguished Service Award, Society of Behavioral Medicine
- 2005 National Cancer Institute, Advanced Training Institute in Health Behavior Theory
- 2005 National Institute of Health, Summer Institute on Randomized Clinical Trials
- 2002 Barbara Rosenblum Scholarship for the Study of Women and Cancer
- 2001 Women's Studies Graduate Scholar, Duke University
- 2000 Applied Psychometrics for Health Outcomes Research Award
- 1997-99 Duke Endowment Fellowship Award (tuition and stipend), Duke University
- 1995 Intensive Introduction to Rome Travel Award, University of Washington
- 1995 Minority International Research Training Fellow-Ecuador (Summer)
- 1995 Minority Undergraduate Student of Excellence, American Psychological Association
- 1995 Vice-President Award, Office of Minority Affairs, University of Washington
- 1993 Presidential Senior Scholarship Award (tuition and stipend), University of Washington
- 1992-95 Dean's List

#### Inductee

- 2009 Delta Omega Honor Society

### CURRENT PROFESSIONAL MEMBERSHIPS

#### International Organizations

- Member of the Global Implementation Society

National Organizations

American Psychological Association  
Div 12  
Div 38  
American Public Health Association  
Society of Behavioral Medicine

Regional Organization

Moore's Cancer Center, University of California at San Diego

**GRANTS & CONTRACTS:**

Current – Funded as Principal Investigator or Co-Principal Investigator

- 2022-2023 **Administrative supplement examining mediators and moderators of organizational and interpersonal level influences** NIH/NHLBI R01HL158538; \$176,809)
- 2023-2025 **Administrative Supplement: Capacity development among academic trainees to develop sustainment strategies in community settings.** (NIH/NHLBI: R01HL158538; \$340,574).
- 2022-2027 **Enhancing capacity in faith-based organizations to implement and sustain multilevel innovations to improve physical activity** (NIH/NHLBI R01HL158538; \$3,652,828).
- 2023-2024 **Promoting physical activity among pre-adolescent Latinas.** Co-Principal Investigator with Jennifer Schneider; Chula Vista Community Foundation; \$22,966).
- 2022-2025 **Diversity supplement that collects formative data to examine the feasibility and acceptability of implementing** (PI: Arredondo; Doctoral Student: Jackie Garcia - NIH/NHLBI R01HL158538-S2; \$99,858)

Current—Funded as Co-Investigator or Consultant

- 6/20/23 (Co-Investigator) **SDSU Prevention Research Center** (Centers for Disease Control and Prevention: PI: Oren)
- 2022-2027 **Community partnership for telehealth solutions to counter misinformation and achieve equity (PRIME).** NIMHD: PIs: Coronado & Escaron, Co-I: R01MD018253-01
- 2022-2027 **Increasing COVID-19 Vaccine uptake among Latinos through a targeted clinical and community-behavioral intervention.** (NIMHD: Crespo & Ramers; Co-I Arredondo; 1R01MD016880).
- 2021-2026 **Tailored Behavioral Intervention to Prevent Household and Community Spread of COVID-19 among Latinos** (NIMHD: MPIs: Crespo & Ramers; Arredondo Co-I; R01MD016324)
- 2021-2026 **Improving family functioning in obesity treatment for Mexican American women** (PI: Marquez; Co-I: Arredondo. UCSD Subcontract. NIH/NIDDK R01DK129682).
- 2021-2026 **Efficacy Trial of a program for weight loss for Hispanic fathers and increased physical activity for their children: 'Healthy Dads, Healthy Kids** (PI: O'Connor; Co-I: Arredondo. Baylor subcontract. NIH/NHLBI R61/R33 1R61HL155015).

2018-2024 **Linking churches with parks to increase physical activity among Latinos study** (NCI; PI: Derose; Arredondo Co-I, 1R01CA218188); No cost extension.

Principal Investigator or Co-Principal Investigator (Completed)

- 2020-2022 **A mother-daughter intervention to promote physical activity** (NICHD/NIH, R21HD100776; \$413,875)
- 2019 -- 2020 **SPEEDING Research-tested INTerventions (SPRINT)** (NCI/NIH; \$21,750)
- 2015-- 2019 **Comprehensive SDSU/UCSD Cancer Center Partnership** (NCI/NIH; \$12,897,000. SDSU PI's: Arredondo and Sussman, UCSD PI's: Martinez and Crowe; U54CA132384)
- 2014 – 2015 (Principal Investigator) **Comprehensive SDSU/UCSD cancer center Partnership** (NCI/NIH; \$294,099; U54CA132384; Co-PI, M. Sussman).
- 2013 – 2015 **Examining the impact of the environment on Latinas' physical activity** (Diversity Supplement to L. Perez; NCI/NIH; \$107, 542; 3R01CA138894-04S1).
- 2013 – 2015 **Travel patterns among Latinas** (Diversity Supplement to N. Serrano; NCI/NIH; \$72, 972; 3R01CA138894-04S2).
- 2012 – 2014 (Principal Investigator) **Promoting healthy eating and physical activity among pregnant Latinas** (Howell Foundation; \$25,000)
- 2012 – 2013 (Co-Principal Investigator) **Evaluating the impact of a community-based physical activity intervention on body composition and adiposity related inflammation among Latinas.** (U54 CA132384; \$50,080;132379; Co-PI: Mathew Allison).
- 2010 – 2011 (Co-Principal Investigator) **Minority supplement for promoting physical activity in church going Latinas** (NIH/NCI; \$36,182; 3R01CA138894-0181-S1; N. Espinoza, doctoral student).
- 2010 – 2016 (Principal Investigator) **Promoting physical activity among churchgoing Latinas** (NCI/NIH; \$3,036,197; 1R01CA138894-01).
- 2009 – 2010 (Principal Investigator) **Promoting physical activity among preadolescent teens** (University Grants Program, \$8,652).
- 2009 – 2013 (Co-Principal Investigator) **Chronic disease prevention in Mexico and the US Latino population** (CDC; \$442,544; SIP 09-025; John P. Elder, Principal Investigator).
- 2008 – 2010 (Principal Investigator) **Training faith and community leaders to assess the built environment and advocate for activity friendly improvements** (RWJF; \$271,152; 65337).
- 2007 – 2009 (Co-Principal Investigator) **Minority supplement for promoting physical activity in church going Latinas** (NIH/NCI, \$43,162, 3 R21CA122471; Suzanna Martinez; doctoral student).
- 2006 – 2009 (Principal Investigator) **Promoting physical activity in church going Latinas** (NIH/NCI; \$312,455; R21CA122471).

- 2005 – 2009 (Co-Principal Investigator) **Ecological and psychosocial correlates of parenting in preventing Obesity.** (American Cancer Society; \$124,000; PFT-04-156-01; John P. Elder, mentor).
- 2005 – 2006 (Co-Principal Investigator) **Understanding colon cancer risk perceptions in Latino communities.** UCSD/SDSU Comprehensive Cancer Center grant (UCSD/SDSU partnership; \$13,000; Lisa Madlensky).
- 2002 – 2007 (Co-Principal Investigator) **Obesity prevention in Latino home and community environments** (NIH/NHLBI 5R01HL073776; Minority Supplement; \$143,965; John Elder, mentor).
- 2002 – 2003 (Co-Principal Investigator) **Evaluating a stage model in the prediction of Latinas' cervical cancer screening practices** (National Science Foundation; \$11,191; Philip Costanzo, mentor).
- 2001 – 2003 (Co-Principal Investigator) **Latinas' risk for cervical cancer screening** (NIH/NCI NRSF; \$45,190; Philip Costanzo, mentor).
- 2002 – 2003 (Principal Investigator) **Evaluating a stage model in the prediction of Latinas' cervical cancer screening practices** (NIH/ Agency for Health Care Quality and Research Dissertation Grant). Grant awarded but declined due to graduation.

Co-Investigator (Completed)

- 2011 – 2016 (Co-Investigator) **Mentoring diverse students in health disparities research** (NIH/NIMHD: \$1,392,611; 1 R25 MD006853; John Elder, Principal Investigator).
- 2011 – 2015 (Co-Investigator) **Imperial county childhood obesity prevention** (CDC: \$1,750,000:1 U18DP003377-01; Guadalupe Ayala, Principal Investigator)
- 2010 – 2015 (Co-Investigator) **Hispanic community children's health: Ancillary study of Latino youth.** (NIH/NHLBI; \$355,583; 1 R01HL102130-01A1; Guadalupe X. Ayala, Principal Investigator).
- 2010 – 2015 (Co-Investigator, subcontract PI) **mDiet: A text message intervention for weight loss** (NIH/NHLBI; \$331,873; 1R01CA138730-01A1; Kevin Patrick, Principal Investigator).
- 2004 – 2014 (Co-Investigator) **San Diego Prevention Research Center: Promotion of physical activity in the Latino community** (CDC; \$3,400,000; 3 PA 04003; John P. Elder, Principal Investigator).
- 2010 – 2014 (Co-Investigator) **Investing in America's future: Mentoring Latinos in health disparities research.** (NIH/NHLBI; \$277,756; 1 R25 HL105403-01; John P. Elder, Principal Investigator).
- 2011 – 2013 (Co-Investigator, subcontract PI) **Validation of objective measures of place-based physical activity** (NCI; \$327,837; SDSU contract: \$355,105; 1R01CA167693-01; Kevin Patrick, Principal Investigator).
- 2008 – 2013 (Co-Investigator) **Planned care for obesity and risk reduction** (NHLBI/NIH; \$768,874; 5R01HL089444-03; Kevin Patrick, Principal Investigator).
- 2006 – 2010 (Co-Investigator) **Latino mothers as primary agents of change in a healthy lifestyle parenting intervention** (ACS; \$438,861; 1RSGPB; Guadalupe X. Ayala, Principal Investigator).
- 2009 – 2013 (Co-Investigator) **A translation study of the Academia da Cidade Program (ACP)** (CDC; \$902,683; 1R18DP002138-01; Simon Marshall, Principal Investigator).

2006 – 2013 (Co-Investigator) **San Diego Hispanic Community Health Study** (NIH/NHLBI; \$9,700,000; RFP HC-06-02; Gregory Talavera, Principal Investigator).

Consultations (completed)

2017-2020 **Adapting and assessing the feasibility of “Healthy Dads, Healthy Kids” for US Latinos** (NHLBI: PI: O’Connor; Consultant: Arredondo, 1R34HL131726).

Currently under review (dates noted are submission dates)

- 6/5/2023 (Co-Investigator) **Promoting Physical Activity and Fitness Among Underserved Latino Families Living in U.S.-Mexico Border Regions** (PI: Crespo, Co-I Arredondo; NIH/NIMHD 1R01MD019330); IS: 26; 13th percentile.
- 6/12/2023 (Principal Investigator) **Mentoring trainees from diverse backgrounds in community engaged research to promote cardiovascular health** (NHLBI: K24)
- 10/5/2023 (Principal Investigator) **Connigo: a multilevel mother-daughter physical activity intervention for preadolescent Latinas** (NIH/NCI)
- 12/2023 (Co-Investigator) **SDSU HealthLINK Center for Transdisciplinary Health Disparities Research** (U54 NIMHD; MPI’s: Wells/Ayala; Co-I: Arredondo, U54 MD012397)
- 2/5/2023 (Co-Investigator). **Family COMIDA (Consumo de Opciones Más Ideales De Alimentos) (Eating More Ideal Food Options)** (NIH, PI: Leng).

Fellowship Sponsorships

National Cancer Institute. F31 Ruth L. Kirschstein National Research Service Award Predoctoral Fellowship to Lilian Perez, SDSU/UCSD Joint Doctoral Program in Public Health, Ecological Analyses of Physical Activity Correlates, 2016-2017.

National Institute of Nursing Research, F31 Ruth L. Kirschstein National Research Service Award Predoctoral Fellowship to Sandra Soto, SDSU/UCSD Joint Doctoral Program in Public Health, Parent/child Acculturation and Family Dynamics: Impact on Latina Mothers Diet, 2015-2017.

**PUBLICATIONS** (\* indicates student trainee)

Books

Madanat, H., **Arredondo, E.M.**, & Ayala, G.X. (2015). Introduction to health promotion and behavioral science in public health. Cengage Learning, Boston, MA.

Book Chapters and Encyclopedia Entries (\*Indicates student involvement)

162. Newton, R., **Arredondo, E.**, Dionicio, P.,\* & Crespo, N. (in press). Ethnic considerations in behavioral therapy. Invited chapter in Handbook of Obesity, 5th edition - Volume II: Clinical Applications. Bray, G., Bouchard, D., Kirwan, J., Katzmarzyk, P., Redman, & L., Schauer, P.
161. Torres, M.,\* Telles, V.,\* & **Arredondo, E.M.** (in press). Border Walls and Barriers to Care: Latina Mothers and Access to Care During the COVID-19 Pandemic. Mothering at the U.S.-Mexico Border Book Project.

160. Torres-Ruiz, M.,\* Soto, S., Lopez, N., & **Arredondo, E.M.** (2022). A Strength-Based Approach to Cancer Prevention in Latinxs. *Advancing the Science of Cancer in Latinos: Building Collaboration for Action*. Springer. Open Access. <https://library.oapen.org/handle/20.500.12657/60165>
159. Perez, L., **Arredondo, E.M.**, Ding, M., & Heath, G. (2021). Physical Activity Behavior Change in LMICs In: *Physical activity in low- and middle-income countries*. Eds. Siefken, K., Ramirez Varela, A., Schulenkorf, N., Waqanivalu, T. Routledge. Pp. 127-146. <https://doi.org/10.4324/9780429344732>
158. Soto, S.,\* Chavez, A., Haughton, J., & **Arredondo, E.M.** (2016). Development of culturally appropriate strategies for promoting physical activity. *Physical Activity in Diverse Populations: Evidence and Practice*. Taylor and Francis Group, New York, NY
157. Ramirez, E.\* & **Arredondo, E.M.** (2015). Promoting physical activity. Book chapter in *Introduction to health promotion and behavioral science in public health*. Cengage Learning, Boston, MA
156. Gutzmer, K.,\* Ayala, G.X., & **Arredondo, E.M.** (2015). Theoretical foundations of health promotion. Book chapter in *Introduction to health promotion and behavioral science in public health*. Cengage Learning, Boston, MA
155. Ayala, G.X. & **Arredondo, E.** (2015). Nutritional resilience in Mexican immigrant/Mexican-American: How might food intake contribute to the Hispanic paradox? In Y.M. Caldera & E. Lindsey (Eds.), *Handbook of Mexican America Children and Families: Multidisciplinary Perspectives*. New York: Routledge.
154. **Arredondo, E.M.** Cultural Competence. Encyclopedia entry for the Society of Behavioral Medicine.
153. Crespo C.J., Escutía de Dominguez G., Salvo Dominguez, D., & **Arredondo, E.** Determinantes de la disminución de la actividad física y el aumento del sedentarismo. *Obesidad en México: Recomendaciones para una Política de Estado*. Universidad Autónoma de México Press. Instituto Nacional de Salud Pública. Mexico City, Mexico. 2012.
152. Ayala, G.X., Ibarra, L., **Arredondo, E.**, Horton, L., Hernandez, E., Parada, H.,\* Slymen, D., Rock, C., Engelberg, M., & Elder, J.P. (2012). Promoting healthy eating by strengthening family relations: Design and implementation of the *Entre Familia: Reflejos de Salud* intervention. In R. Elk & H. Landrine (Eds.), *Cancer Disparities: Causes and Evidence-Based Solutions*. Springer. Pp. 237-252
151. Espinoza, N.,\* Ayala, G.X. & **Arredondo, E.M.** (2010). Interventions targeting childhood obesity involving parents. In O’Dea, J. & Erikson, M. (Eds). *Childhood Obesity Prevention - International Research, Controversies and Interventions*. Oxford University Press. Pp. 300-308.
150. Martinez, S.M.,\* **Arredondo, E.**, Ayala, G.X., & Elder, J. (2008). Culturally appropriate research and interventions. In A.L. Smith & S.J.H. Biddle (Eds.), *Youth Physical Activity and Sedentary Behavior: Challenges and solutions*. Champaign, IL: Human Kinetics Publishers, Inc. pp. 453-477.
149. Duerksen, S.\* Campbell, N., **Arredondo, E.M.**, Ayala, G.X., Baquero, B., & Elder, J.P. (2007). Obesity prevention in the homes, schools and neighborhoods of Mexican-American children. In Brettschneider, WD and Naul, R (Eds.): *Obesity in Europe*. Frankfurt A.M.: Peter Lang, 135-152.
148. **Arredondo, E.M.**, Elder, J.P., Baquero, B.\* & Marshall, S. (2007). Ecological momentary assessment of physical activity in latinxs using pedometers and diaries. In Eds. Stone, Shifman, Atienza, & Nebeling. *The Science of Real-Time Data Capture: Self-Report in Health Research*, Oxford University Press, pp. 136-150.

Peer reviewed manuscripts

147. Dickson, K., Holt, T., & **Arredondo, E.M.** (in press). Enhancing behavioral health implementation in a care coordination program at a Federally Qualified Health Center: A case study applying implementation frameworks. *Health Promotion Practice*.
146. Telles, V., Rodriguez, S., Torres-Ruiz M., Schneider, J., Haughton, J., Maldonado, M., **Arredondo, E.M.** (in press). Barriers and facilitators to implementing a multilevel, multicomponent intervention promoting colorectal cancer screening in health centers: A qualitative study of key informant perspectives. *BMC Health Services Research*.
145. Zhao, B., Sotres-Alvarez, D., Evenson, K.R., Greenlee, H., Mossavar-Rahmani, Y., Qi, Q., Marquez, D.X., Vidot, D.C., Elfassy, T., **Arredondo, E.M.**, & Diaz, K.M. (2023). Day-of-the-Week and Time-of-the-Day Patterns of Sedentary Behavior in the Hispanic Community Health Study/Study of Latinos. *Medicine & Science in Sports & Exercise*.
144. **Arredondo, E.M.**, Schneider, J., Torres-Ruiz, M.; Telles, V., Thralls-Butte, K., West, M., Maldonado, M., Gallagher, K., Roesch, S., Ayala, G.X, & Baranowski, T. (2023) Rationale and design of a pilot randomized controlled trial to increase moderate-to-vigorous physical activity in preadolescent Latina girls and their mothers. *Contemporary Clinical Trials Communications*.
143. Weiner, L.S.,\* Nagel, S., Su, H., Hurst, S., Levy, S.S., **Arredondo, E.M.** Heckler, E., Hartman, S.J., (2022). A Remotely Delivered, Peer-Led Intervention to Improve Physical Activity and Quality of Life in Younger Breast Cancer Survivors. *Journal of Behavioral Medicine*. 1-16. doi: 10.1007/s10865-022-00381-8
142. Derose, K.P., Cohen, D.A., Han, B., **Arredondo, E.M.**, Perez, L.G., Larson, A., Loy, S., Mata, M.A., Castro, G., De Guttery, R., Rodríguez, C., Seelam, R., Whitley, M.D., & Perez, S. (2022). Linking churches and parks to promote physical activity among Latinos: Rationale and design of the Parishes & Parks cluster randomized trial. *Contemporary Clinical Trials*. doi: 10.1016/j.cct.2022.106954. E-ahead of print.
- 141 Benitez, T., Lopez, N., Haughton, J., Marcus, B., Sallis, J. F., Crespo, N., Perez, L.G., & **Arredondo, E. M.** (2022). Psychosocial Correlates of Meeting National Guidelines for Muscle-Strengthening Activities in Latinas. *Health Education and Behavior*. doi: 10.1177/10901981211005342
140. Alpert, E.N.,\* Clark, T.,\* Garcia-Alcaraz, C., Eddington, S. N., Carrizosa, C., Haughton, J., de la Torre, C.L., Garcia-Bigley, F., **Arredondo, E.M.**, Ramers, C., Nodora, J., & Wells, K.J. (2022). Comparing Latino community members' and clinical staff's perspectives on barriers and facilitators of colorectal cancer screening. *Journal of Cancer Education*. doi: 10.1007/s13187-021-02007-0. Epub ahead of print.
139. **Arredondo, E.M.**, Haughton, J., Ayala, G.X., Slymen, D., Sallis, J., Perez, L., Serrano, N., Ryan, S., Valdivia, R., Lopez, N., & Elder, J.P. (2022). Two-year outcomes of *Faith in Action/Fe en Acción*: A randomized controlled trial of physical activity promotion in Latinas. *International Journal of Behavioral Nutrition and Physical Activity*. 19 (9).
138. Dickson, K.S. Holt, T., & **Arredondo, E.** (2022). Applying Implementation Mapping to an Expanded Care Coordination Program at a Federally Qualified Health Center. 24;10:844898. doi: 10.3389/fpubh.2022.844898.
137. Perez, L.G., Cohen, D.A., Seelam, R., Han, B., **Arredondo, E.**, Castro, G., Rodriguez, C., Mata, M., Larson, A., Derose, K. (2022). Church contextual factors associated with Latinos' physical activity and park use. *Family & Community Health*. 45(3):163-173



136. Mendoza-Vasconez, A. S.,\* Solis Becerra, E., Badii, N., Crespo, N., Hurst, S., Larsen, B., Marcus, B. **Arredondo, E. M.** (2022). Regular and app-enhanced maintenance of physical activity among Latinas: A feasibility study. *Translational Journal of the American College of Sports Medicine*. 7(1) doi: 10.1249/TJX.000000000000188
135. Fernandez-Rhodes, L., Butera, N., Lodge, E.K., Fanceschini, N., Llabre, M., **Arredondo, E.M.**, Gallo, L.C., Arguelles, W., Penedo, F., Daviglius, M.L., Isasi, C.R., Smokowski, P., Gordon-Larsen, P., Aidello, A.E., Perreira, K., Sotres-Alvarez, D. & North, K.E. (2021). Demographic and Sociocultural Risk Factors for Adulthood Weight Trajectories in Hispanic/Latinos: Results from the Hispanic Community Health Study / Study of Latinos (HCHS/SOL). *BMC Public Health*.
134. Mendoza-Vasconez, A. S.\*, Badii, N., Solis Becerra, E., Crespo, N., Hurst, S., Larsen, B., Marcus, B. H., & **Arredondo, E. M.** (2021). Forming habits, overcoming obstacles, and setting realistic goals: A qualitative study of physical activity maintenance among Latinas. *International Journal of Behavioral Medicine*. doi: 10.1007/s12529-021-10011-3
133. Patch, C.M.,\* Conway, T.L., Kerr, J., **Arredondo, E.M.**, Levy, S., Spoon, C., Butte, K.J., Sannidhi, D., Millstein, R.A., Glorioso, D., Jeste, D.V., & Sallis, J.F. (2021). Engaging older adults as advocates for age-friendly, walkable communities: The Senior Change Makers Pilot Study. *Translational Behavioral Medicine*.
132. LeCroy, M.N., Strizich, G.M., Gallo, L.C., Ayala, G.X., Carnethon, M.R., Delamater, A.M., **Arredondo, E.M.**, Pulgaron, E.R., Perreira, K.P., Gonzalez, J.S., & Isasi, C.R. (2021). The association of the parent-child acculturation gap with obesity and cardiometabolic risk in Hispanic/Latino youth: Results from the Hispanic Community Children's Health Study/Study of Latino Youth (SOL Youth). *Annals of Behavioral Medicine*. Epub ahead of print. doi: 10.1093/abm/kaa114.
131. Mendoza-Vasconez, S.,\* **Arredondo, E.**, Larsen, B., Crespo, N., Hurst, S., & Marcus, B. (2021). Lapse, Relapse and Recovery in Physical Activity Interventions for Latinas: A Survival Analysis. *International Journal of Behavioral Medicine*. doi.org/10.1007/s12529-020-09943-z
130. Mazzucca S, **Arredondo E**, Hoelscher DM, Haire-Joshu D, Tabak RG, Kumanyika SK, Brownson RC. (2021). Expanding Implementation Research to Prevent Chronic Diseases in Community Settings. *Annual Review of Public Health*. 42:1, 135-158. //doi.org/10.1146/annurev-publhealth-090419-102547
129. Whitaker, D.E., Snyder, F.R., San Miguel-Majors, S.L., Bailey, L.O., Springfield, S., for the S2S Collaborative. (2020). Screen to Save: Results from NCI's Colorectal Cancer Outreach and Screening Initiative to Promote Awareness and Knowledge of Colorectal Cancer in Racial/Ethnic and Rural Populations. *Cancer Epidemiology, Biomarkers & Prevention*. 29:910–7. doi:10.1158/1055-9965.EPI-19-0972
128. O'Connor, T., Beltran, A., Musaad, S., Perez, O., Flores, A., Galdamez-Calderon, E., Isbell, T., **Arredondo, E.M.**, Parra Cardona, R., Cabrera, N., Marton, S., Baranowski, T., & Morgan, P. (2020). Feasibility of Targeting Hispanic Fathers and Children in an Obesity Intervention: Papás Saludables Niños Saludables. *Childhood Obesity*. 16 (6). 379-392. doi.org/10.1089/chi.2020.0006
127. Godino, J.G., Golaszewski, N.M., Norman, G.J., Rock, C.L., Griswold, W.G., **Arredondo, E.M.**, Marshall, S., Kolodziejczyk, J., Dillon, L., Raab1, F., Jain, S., Crawford, M., Merchant, G., & Patrick, K. (2019). Text messaging and brief phone calls for weight loss in overweight and obese English- and Spanish-speaking adults: A 1-year, parallel-group, randomized controlled trial. *PLoS medicine*. 16(9):e1002917. doi: 10.1371
126. Full, K.M.,\* Malhotra, A., Gallo, L., Kerr, J., **Arredondo, E.**, Natarajan, L., LaMonte, M.J., Stefanick, M.L., Stone, K.L., & LaCroix, A.Z. (2020). Accelerometer-measured sleep duration and

- clinical cardiovascular risk factor scores in older women. *Journal of Gerontology*. 75 (9) 1771–1778. doi.org/10.1093/gerona/glz201.
125. Haughton, J., Takemoto, M., Beckner-Schneider, J.,\* Hooker, S., Rabin, B., Brownson, R., & **Arredondo, E.M.** (2020). Identifying barriers, facilitators, and implementation strategies for a faith-based physical activity program. *Implementation Science Communication*. 51. doi.org/10.1186/s43058-020-00043-3
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Papers Under Review (\* denotes student trainee)

Baranowski, T., O'Connor, T.M., Thompson, D., Jimenez-Garcia, J.A., Radhakrishnan, K., **Arredondo, E.M.**, & Musaad, S.M.A. (revise and resubmit). Social Marketing, Representational Bias and the Challenges of Participant Recruitment.

Pulgaron, E., Bernstein, R., Marchante, A., N., Elder, J.P., Horn, L.V., Isasi, C.R., **Arredondo, E.M.**, Cordero, C., Delamater, A., Perreira, K.M. (under review). Ethnic Affirmation Across Gender and Developmental Stages: What Influences Children's Sense of Belonging? Findings from the Hispanic Community Health Study/ SOL Youth.

Garcia-Alcaraz, C., Wells, K.J., **Arredondo, E.M.**, Mills, S.D., Roesch, S.C., Sadler, G.R., Malcarne, V.L. (under review). Psychometric Evaluation of Scores from the Multidimensional Health Locus of Control Scales in High- and Low-Religiosity Hispanic Americans.

Villodas, M., **Arredondo, E.M.**, Arredondo, E., Magariño, L., Soto, S., Ayala, G.X., Isasi, C., Teng, Y., Delamater, A., & Perreira, K. (under review). Factorial invariance of acculturation and ethnic identity measures across Hispanic/Latino groups: Findings from HCHS/SOL Youth.

Shareef, F., Bharti, B., Garcia, F., Hernandez, M., **Arredondo, E.M.**, Nodora, J., Liu, J., Ramers, C., Nery, J., Marquez, J., Moyano, K., Rojas, S., & Samir Gupta, Abnormal colorectal cancer test follow-up: a quality improvement initiative at a Federally Qualified Health Center.

Papers/chapters In Preparation

Linares, J.D., Pirzada, A., Vu, Thanh-Huyen T., Wu, D., Durazo-Arvizu, R., **Arredondo, E.M.**, Cai, J., Gallo, L., Gonzalez, H., Isasi, C.R., Penedo, F.J., Teng Y., & Daviglius, M.L. Association of healthy lifestyles with Markers of Inflammation: Findings from the Hispanic Community Health Study/Study of Latino (HCHS/SOL).

Maluf, K.S., Rodriguez, C., Archer, K.R., Wegener, S.T., **Arredondo, E.M.**, Ayala, G.X., Van Dyke, J., Liu, J., & Gombatto, S.P. Goal Oriented Activity for Latinos with Spine Pain: Adaptation of a Cognitive-Behavioral Based Physical Therapy Telerehabilitation Intervention.

Commentaries, Editorials, and Commentaries, including co-authorship in committee reports

**Arredondo E.M.**, Crespo, N., Lopez, N.V., Elder, J.P., Haughton, J., Sallis, J., Perez, L., & Ayala, G. (2017). Response to “Measuring Physical Activity with heart rate monitors” by Samantha Jo Hensen BSN, BA. *American Journal of Public Health* Dec;107(12):e24-e25. doi: 10.2105/AJPH.2017.304122.

**Arredondo, E.M.** (2019). Recommendations for social determinants of health measures as they relate to physical activity and high-risk populations. White paper in *Advancing Measurement for High-Risk Populations and Communities Related to Childhood Obesity*. [https://www.nccor.org/wp-content/uploads/2020/10/HiRisk-WP\\_Final-4.pdf](https://www.nccor.org/wp-content/uploads/2020/10/HiRisk-WP_Final-4.pdf)

**NATIONAL AND INTERNATIONAL CONFERENCE SYMPOSIA, WORKSHOPS, WEBINARS, & PANELS**

- Arredondo, E.M. (September, 2023). Promoting the Science and Practice of Health Behavior Maintenance. Workshop #3: Interventions for Behavior Maintenance. National Institutes of Health.
- Arredondo, E.M. (August, 2022). National Physical Activity Plan – Faith based sector. *Texas State Physical Activity Plan*. Harrold Kohl.
- Arredondo, E.M. (June, 2022). Pathways to Health Equity. Leadership Alliance. Other panelists: Dr. Emily Kontos, Dr. Omar Galárraga. *Virtual Professional Series*. Moderator: Dammani A. Piggott, MD, PhD, MS, MPhil,
- Arredondo, E.M. (August, 2020). Translating effectiveness research into practice to improve health equity: Lessons from a faith based physical activity intervention. Closing keynote address. *Adult and Child Consortium for Health Outcomes Research and Delivery Science*, Virtual Conference.
- Arredondo, E.M. (February, 2020) Risk and protective factors influencing the dietary practices and physical activity of Hispanics/Latinos: Applying a multilevel perspective. *Advancing the Science of Cancer in Latinos*, San Antonio, CA.
- Arredondo, E.M., Haughton, J., & Montanez, J. (Dec, 2019). Scaling up and disseminating faith in action: Discoveries from the sprint training. Chair: Freedman, D. Symposium title: Transforming innovations into market-ready products: An entrepreneurial approach to D&I science. *12<sup>th</sup> Annual Conference on the Science of Dissemination and Implementation in Health*. Washington, DC.
- Arredondo, E.M. (September, 2019). Parent support for Latino children’s physical activity. Presentation in *Advancing measurement for high-risk populations and communities related to childhood obesity*. National Collaborative on Childhood Obesity Research (NCCOR).
- Kaphingst, K., Klein, W. Wang, C., Arredondo, E., & Graves, K. (March, 2019). Opportunities for Cross Collaboration of Social/Behavioral- and Genomic Scientists in Translational Research. Presentation for the *Society of Behavioral Medicine*. Washington, DC.
- De la Torre, C., Haughton, J., Dumbauld, J., & Arredondo, E.M. (Nov, 2018). Incorporating NCI’s Colorectal Cancer Screen to Save (S2S) Initiative into a public health graduate level course. *American Public Health Association*, San Diego, CA.

- Dumbauld, J.N., Ayala, G.Z., Beach, W.A., Madanat, H., Sohl, C.D., Wells, K.J., & Arredondo, E.M. (2018). Building the capacity for transdisciplinary cancer research at a Minority Serving Institution. California State University, Interdisciplinary Cancer Meeting (CSU-ICM). Northridge, CA.
- Arredondo, E.M. (2018) Strategies for building transdisciplinary cancer research capacity at a minority at A Minority Serving Institution. *California State University, Interdisciplinary Cancer Meeting (CSU-ICM)*. Northridge, CA.
- Bryan, A., Freedland, K., Arredondo, E., & Edmondson, D. (April, 2018). Debate: Should behavioral medicine be more solution-oriented than it is currently? Co-Chairs: Baldwin, A. & Czajkowski, S. *Society of Behavioral Medicine*, New Orleans, LA.
- Arredondo, E.M. (November, 2017). Reducing cardiovascular risk in communities through faith based physical activity interventions. Panel: Closing the gap on disparities: Practical strategies and implementation. Reducing cardiovascular risk in communities. Chairs: Golden, S. & Lopez, L. *American Heart Association annual meeting*, Anaheim, CA
- Arredondo, E.M. (July, 2018). Implementing a Community Health Worker model to promote physical activity in Faith Based settings: Challenges and opportunities for sustainability. Barriers associated with attending promotor-led cancer prevention program workshops within Latino/Hispanic communities in San Diego, California. Panel: Molina, Y. & Pasick, R. Chairs: Thompson, B. & Ceballos, R. Translation and Training: Multilevel Intervention Research and Policy. *Latinas Contra Cancer*. San Francisco, CA.
- Arredondo, E.M. (June, 2018). Promoting health in faith-based organizations. Panel on Dissemination and Implementation in “non-health” or lower-resource settings. Panel: Kumanyika, S & Haire-Joshua, D. MT-DIRC.
- Arredondo, E.M. & Klesges, L. (August, 2017). Tips to sustain and maintain a program of research. Workshop sponsored by the National Cancer Institute. *Professional Development Workshop for Early Career Investigators in Behavioral/Social Science Research and Cancer Prevention and Control*.
- Arredondo, E.M. & Ayala, G.X. (May, 2015). Promoting physical activity and healthy eating in Latino communities. Webinar sponsored by the National Cancer Institute. Webinar: *Research to Reality: Promoting Physical Activity and Healthy Eating in Latino Communities*.
- Arredondo, E.M. Developing multilevel cancer prevention programs for Latinas: Fe en Accion (July, 2014). Panel part of - Multilevel Approaches to Cancer Prevention & Control. Panel: Taplin, S., Arredondo, E., Plascak, J.J., Gregory-Burns, G., Bartolome, R. Chairs: Thompson, B. & Ceballos, R. *Latinas Contra Cancer* conference. San Francisco, CA.
- Bowen, W.D., Rebbeck, T.R., Martinez, E., & Cook, M.B. (2014, April). Cancer Health Disparities: Genomics and Prevention. Minorities in Cancer Research: Distinguished Lectureship series. American Association for Cancer Research. Moderators: Arredondo, E.M., & Bowen, W.D. San Diego, CA
- Arredondo, E.M. (2014, March). Implementing a physical activity intervention for adult Latinas. Symposium: The Challenges of Study Design, Implementation and Data Collection for Physical Activity in Urban Latino Neighborhoods in the United States, Colombia, Mexico, and Brazil. Symposium chair: Bess Marcus. *Active Living Research Annual Conference*. San Diego, CA.
- Linnan, L., Ayala, G. X., Arredondo, E. M., & Ward, D. (2014, May). Recruiting organizational settings into diet and physical activity intervention studies: lessons learned from experienced researchers and innovative settings. Presentation at the *International Society for Behavioral Nutrition and Physical Activity*, San Diego, CA.
- Arredondo, E.M. (April, 2013). Developing chronic disease programs for adult Latinas. Biobehavioral Cancer Prevention and Control Training Program Symposium, Seattle, WA.
- Arredondo, E.M. (September, 2010). Community based participatory continuum. Presentation sponsored by the National Institute of Child Health and Human Development, Division of Special Populations panel during the *Hispanic Association of Colleges and Universities (HACU) Annual Conference*. Panel: Arredondo, E.M, Chopin, S. Chair: Hill, C. San Diego, CA.

- Arredondo, E.M. (July, 2010). Promoting physical activity in young Latinas: A family and environmental approach. Meeting sponsored by National Heart, Lung, and Blood Institute's future intervention research directions to prevent cardiovascular disease and its risk factors among Latinos. Chairs: Elder, J. & Ramirez, A. Baltimore, MD.
- Arredondo, E.M. (July, 2010). Language translation and cultural adaptation of self-report instruments for cross-cultural comparisons. Workshop sponsored by National Cancer Institute. *Measurement of Active and Sedentary Behaviors: Closing the Gaps in Self-Report Method*.
- Ayala, G.X., & Arredondo, E.M. (April, 2010). Nutritional resilience in Mexican immigrant/Mexican American: What does comida have to do with it? Presented at In Understanding Mexican-American families and children: Multidisciplinary perspectives conference, Texas Tech University, Lubbock, TX.
- Arredondo, E.M. & Ayala, G. (February, 2010). Community-Based Participatory Research. Workshop sponsored by the *Active Living Research*.
- Arredondo, E.M., Mejia, E., Pastrana, E., Martinez, S., Campbell, N., & Elder, J. (2009, May). Promoting physical activity among churchgoing Latinas. Symposium (Results from faith based physical activity interventions: Hot air or hot stuff? Oral presentation at the *American College and Sports Medicine*, Seattle, WA. Symposium chair: Whitt-Glover, M. Participants: Bopp, M., Constantine, N., Wilcox, S., Arredondo, E.M., Whitt-Glover, M., Discussant: Whitt-Glover, M.
- Arredondo, E.M., Baquero, B., McKenzie, T., Ayala, G.X., Campbell, N., & Elder, J.P. (2007, March). *Latino children's physical activity: Social and environmental influences*. Symposium (Multilevel approaches to understanding physical activity among racial/ethnic minority populations). Presented at the *Society of Behavioral Medicine*, Washington, D.C. Symposium chair: Bennett, G. Participants: Arredondo, E.M., Marquez, D.X., & McNeill, L. Discussant: Bennett, G.
- Arredondo, E.M., Elder, J.P., Baquero, B., Campbell, N., & Perez, G. (2006, November). Promoting physical activity among church going Latinas. Symposium (Faith-based nutrition and physical activity interventions: From design to dissemination). Presented at the *American Public Health Association*, Boston, MA. Symposium chair: Marci Campbell, Ph.D., MPH. Participants: Richard Winett, Ph.D., Marci Campbell, Ph.D. MPH., Lenora Johnson, MPH, CHES.
- Arredondo, E.M., Elder, J.P., Campbell, N., & Baquero, B. (June, 2006). Promoting healthy eating and physical activity in the home: Do parenting styles and home environment influence children's health practices? Centers for Population Health and Health Disparities Third Annual Grantee Meeting, Los Angeles, CA.
- Arredondo, E.M. (May, 2006). Targeting health disparities: Lessons learned in my professional path. Continuing Umbrella of Research Experiences Professional Workshop, Bethesda, MD.
- Arredondo, E.M. (2006, April). Obesity prevention in low SES communities. Paper presented at the NIH Centers for Population Health and Health Disparities annual conference, Santa Monica, CA.
- Duerksen, S., Baquero, B., Campbell, N.R., Elder, J.P., Arredondo, E.M., McKenzie, T., & Ayala, G.X. (November, 2004). Aventuras para ninos: Childhood obesity prevention in Latino home and community environments. Paper presented at the American Public Health Association conference, Washington, DC.
- Arredondo, E.M., Costanzo, P., & Pollak, K.I. (2003, March). Evaluating a stage model in the prediction of Latinas' cervical cancer screening practices: The role of psychosocial and cultural predictors. Presented at the *Society of Behavioral Medicine*, Salt Lake City, UT. Symposium chair: Elva M. Arredondo. Participants: Felipe Gonzalez Castro, M.S.W., Ph.D. and Vera Lopez, Ph.D. Discussant: Lisa Sanchez-Johnsen, Ph.D.

### Research

121. Formagini, T., Behar, A., Schneider, J., Torres, M., Telles, V. M., Marquez, B., Roesch, S., Ayala, G. X., Baranowski, T., Arredondo, E. Father Support and Daughter Physical Activity: Insights from

- a Study of Latina Pre-Teens. Poster accepted to 2024 *Society of Behavioral Medicine Annual Meeting and Scientific Sessions*, Philadelphia, PA; March 13–16, 2024.
120. Schneider, J., Torres, M.; Telles, V., Lafuente, O., Butte, K., Formagini, T, Ayala, G.X., Roesch, S., Baranowski, T., & Arredondo, E. (2024). Feasibility, Acceptability, and Preliminary Impact of an Online Latina Mother-Daughter PA intervention. Poster accepted to 2024 *Society of Behavioral Medicine Annual Meeting and Scientific Sessions*, Philadelphia, PA; March 13–16, 2024..
  119. Telles V.M., Torres-Ruiz M., Rabin B., Chuang E., Brownson R., Schneider J., Ayala G., Arredondo E. (December, 2023). A Systematic Assessment of Adaptations: Improving the Fit of a Promotora-led, Evidence-based Intervention in Faith-based Organizations. Academy Health 16<sup>th</sup> Annual Conference on the *Science of Dissemination and Implementation in Health*, Arlington, VA.
  118. Perez, LG; Blagg, T; Castro, G; Celeste-Villalvir, A; Arredondo, E; Loy, S; Larson, A; Derose, K. (December, 2023). Evaluation of a Multilevel Physical Activity Intervention for Latinos during COVID-19 Using the RE-AIM Framework. Poster presentation at the Annual Conference on the *Science of Dissemination and Implementation in Health*, Arlington, VA.
  117. Garcia, J., Gomez, M., Schneider, J., Formagini, T., Lafuente, O., & Arredondo, E. (June, 2023). Development of a promotora empowerment training for a church-based physical activity program for Latinas. Poster presented at *Colorado Pragmatic Research in Health Conference*, Denver, CO.
  116. Gomez, M., Garcia, J., Schneider, J., & Arredondo, E. (June, 2023). Using promotora perspectives to identify key strategies for program sustainment in faith-based settings. Poster presented at *Colorado Pragmatic Research in Health Conference*, Denver, CO.
  115. O'Connor, T.M., Beltran, A., Garza, T., Perez, O., Soltero, E.G., Arredondo, E.M., Zachariah, J., Rueda, J., MUSAAD, S.M., Baranowski, T., Rayward, A., & Morgan, P. (May, 2023). Lessons learned to recruit Hispanic fathers for Papas Saludables, Niños Saludables Efficacy Trial. *International Society of Behavioral Nutrition and Physical Activity*, Uppsala, Sweden.
  114. Zhao, B., Sotres-Alvarez, D., Evenson, K.R., Greenlee, H., Mossavar-Rahmani, Y., Qi, Q., Marquez, D.X., Vidot, D.C., Elfassy, T. Arredondo, E.M., & Diaz, K.M. (Feb, 2023). Day-of-the-week and Time-of-the-day Temporal Patterns of Sedentary Behavior among Hispanic/Latino adults: Hispanic Community Health Study/Study of Latinos. American Heart Association: *EPI Lifestyle 2023 Scientific Sessions*. Boston, MA
  113. Maluf, K.S., Rodriguez, C., Van Dyke, J., Liu, J., Arredondo, E.M., Ayala, G.X., Archer, K.R., Wegener, S.T., & Gombatto, S.P. (Sept. 2022). Goal Oriented Activity for Latinos with Spine Pain (GOALS): Intervention mapping and systematic adaptation of a cognitive-behavioral based tele-rehabilitation program. *International Association for the Study of Pain World Congress on Pain*, Toronto, Canada, Sep 2023
  112. Weiner, L.S., Nagel, S., Su, I., Hurst, S., Levy, S., Arredondo, E.M., Hekler, E.B., Hartman. S. (April, 2022). A Remotely Delivered, Peer-Led Intervention to Improve Physical Activity and Quality of Life in Younger Breast Cancer Survivors. *Society of Behavioral Medicine*. Baltimore, MD
  111. Telles, V.M., Rodriguez, S., Torres-Ruiz, M., Maldonado, M., Beckner-Schneider, J., Haughton, J., Arredondo, E. (February, 2022). Barriers and Facilitators to Implementation of a Promotor-led, Group-based CRC Screening Program in Federally Qualified Health Centers: Implications for COVID-19. *Advancing the Science of Cancer in Latinos*. San Antonio, TX.
  110. Perez, L., Cohen, D., Seelam, R., Han, B., Arredondo, E., & Derose K.P. (April, 2021). Multilevel church factors associated with Latinos' physical activity and park use. Poster presented at the *Society for Behavioral Medicine Conference*. Online.
  109. Maldonado, M.M., Rodriguez, S., Torres, Ruiz M., Haughton, J., Madlensky, L, Wells, K., Schneider, J., Arredondo, E.M. (April, 2020). Understanding patient level factors that influence colorectal cancer screening among Latinxs. Poster presented at the *Society of Behavioral Medicine*. Online.
  108. O'Connor, T., Beltran, A., Perez, O., Galdamez, E., Flores, A., Baranowski, T., Arredondo, E., Parra Cardona, R., Cabrera, N., & Morgan, P. (June, 2020). Feasibility of implementing an adapted



- version of the ‘Healthy Dads Healthy Kids’ program for Hispanic families. *International Society of Behavioral Nutrition and Physical Activity*. New Zealand.
107. LeCroy, M.N., Strizich, G.M., Gallo, L.C., Ayala, G.X., Carnethon, M.R., Delamater, A.M., Arredondo, E.M., Pulgaron, E.R., Perreira, K.P., Gonzalez, J.S., & Isasi, C.R. (March, 2020). The association of the parent-child acculturation gap with obesity and cardiometabolic risk in Hispanic/Latino youth: Results from the Hispanic Community Children's Health Study/Study of Latino Youth (SOL Youth). *American Heart Association's Epi Lifestyle*. Phoenix, AZ.
  106. O'Connor, T., Beltran, A., Perez, O., Galdamez, E., Flores, A., Baranowski, T., Arredondo, E., Parra Cardona, R., Cabrera, N., & Morgan, P. (November, 2019). Feasibility of a Culturally Adapted version of the Healthy Dads Healthy Kids Program for Hispanic families. *Obesity Society*. Las Vegas, NV.
  105. O'Connor, T., Beltran, A., Perez, O., Isbell, T., Thompson, D., Baranowski, T., Arredondo, E., Parra Cardona, R., Cabrera, N., & Morgan, P. (November, 2019). Culturally adapting Healthy Dads Healthy Kids for Hispanic families: results from formative qualitative studies. *Las Vegas, NV*.
  104. Mendoza-Vasquez, A.S., Arredondo, E.M., Crespo, N., Hurst, S., Larsen, B., Marcus, B., & Natarajan, L. (March, 2019). Demographic, psychosocial, and environmental predictors of time to lapse/relapse in physical activity interventions. *Society of Behavioral Medicine, Washington, DC*.
  103. Houghton, J., Takemoto, M., Beckner, J., De Ocampo, R., Sanchez, C., Grabe, S., & Arredondo, E. M. (December, 2018). Understanding implementer and organizational factors associated with the implementation of a faith-based evidence-based intervention promoting physical activity. Poster presented at the *11th Annual Conference on the Science of Dissemination and Implementation*, Washington, DC.
  102. De la Torre C.L., Dumbauld J.N., Houghton, J., Barrios A., Rojas, D., Díaz M., López, J., Milla, M., Gupta S., Nodora J., Ramers C., Garcia-Bigley F., Marquez J., Baharti B., & Arredondo EM. (November, 2018). Colorectal cancer screening completion rates and barriers to CRC screening 6 months following participation to CRC screening intervention. Poster presented at the *11th AACR Conference on The Science of Cancer Health Disparities in Racial/Ethnic Minorities and the Medically Underserved*, New Orleans, Louisiana.
  101. De la Torre, C.L. Houghton, J., Milla, M., Wells, K.J., & Arredondo, E.M. (2018, July). Barriers associated with attending promotor-led cancer prevention program workshops within Latino/Hispanic communities in San Diego, California. Poster presented at the *Latinas Contra Cancer Summit*, San Francisco, CA.
  100. De la Torre, C.L., Houghton, J., Wells, K., & Arredondo, E.M. (June, 2018). Formative research plan to inform an implementation study promoting breast cancer screening in faith-based settings. Poster presented at the *2018 Southern California Regional Dissemination Implementation and Improvement Science Symposium*, Los Angeles, CA.
  99. Sanchez-Flack, J., Pickrel, JL, Belch G, Lin SF, Anderson, C.A.M., Martinez, M.E., Arredondo, E.M., & Ayala, G.X. (2018, April). Examination of the relationship between in-store environmental factors and fruit and vegetable purchasing among Hispanics. Poster presented at the *Society of Behavioral Medicine*, New Orleans, LA.
  98. Benitez, T., Lopez, N., Houghton, J., Marcus, B., Sallis, J. F., Crespo, N., Perez, L.G., & Arredondo, E. M. (2018, April). Correlates of Muscle-Strengthening Activities among Latinas Enrolled in a Faith-Based Physical Activity Intervention. Poster presented at the *Society of Behavioral Medicine*, New Orleans, LA.
  97. Houghton, J., Ayala, G. X., Perez, L. G., Baquero, B., Montañez, J., Elder, J. P., Sallis, J. F., & Arredondo, E. M. (2018, April). Process evaluation of a faith-based intervention to increase physical activity among churchgoing Latinas in San Diego. Poster presented at the *Society of Behavioral Medicine*, New Orleans, LA.
  96. Soto, S.H., Arredondo, E.M, Ayala, G.X., Marcus, B., & Shakya, H.B. (2018, April). Exploring how bicultural and assimilated children influence their Latina mothers’ diet. Poster presented at the *Society of Behavioral Medicine Meeting*, New Orleans, LA.

95. Full, K.M., Kerr J., Song D., Malhotra A., Gallo L., Arredondo E.M., Stone K., LaMonte M.J., Stefanick M.L., & LaCroix, A.Z. (2018, April). Accelerometer-measured sleep duration and markers of cardiometabolic health: findings from a large racially ethnic diverse cohort of older adult women. Poster presentation at the *American Heart Association Epi-Lifestyle Conference*. New Orleans, LA.
94. Perez, L.G., Conway, T.L., Arredondo, E.M., Elder, J.P., Kerr, J., McKenzie, T.L., Saelens, B.E., Frank, L.D., Glanz, K., & Cain, K., (2018, February). Psychosocial moderators of associations between neighborhood environment and adolescents' context-specific physical activity. Poster presented at the *Active Living Conference*, Banff, Canada.
93. Full, K.M., Kerr, J., Song, D., Malhotra, A., Gallo, L., Arredondo, E.M., Stone, K., LaMonte, M.J., Stefanick, M.L., & LaCroix, A.Z. (2017, November). Associations between objectively Measured sleep duration and 10-year predicted cardiovascular risk in older adult women. Poster presented at the *American Heart Association Scientific Sessions*, Irvine, CA.
92. Alpert, E.N., Nuhaily, S., López De la Torre, C., Haughton, J., Gupta, S., Nodora, J., Bharti, B., Ramers, C., Garcia, F., Clark, T., Carrizosa, C., Arredondo, E.M., & Wells, K.J. (2017, September). Discrepancies in perceptions of colorectal cancer screening and willingness to screen among Federally Qualified Health Centers staff and Latino community members. Poster Presented at the *AACR Conference on The Science of Cancer Health Disparities in Racial/Ethnic Minorities and the Medically Underserved*, Atlanta, GA.
91. De la Torre C.L., Nuhaily S., Dubin J., Haughton J., Arredondo E. (2017, September). Feasibility and preliminary impact of the Screen to Save Initiative on colorectal cancer screening knowledge. Poster presented at the AACR Conference on the *Science of Cancer Health Disparities in Racial/Ethnic Minorities and the Medically Underserved*, Atlanta, GA.
90. Soto, S.H., Arredondo, E.M., Roesch, S., Marcus, B. Shakya, H., & Ayala, G. X. (2017, June). Family-level factors and dietary intake among Latinas: An autoregressive lagged analysis. Poster presentation at the *International Society for Behavioral Nutrition and Physical Activity*, Victoria, BC.
89. Soto, S. C., Arredondo, E. M., Roesch, S., Marcus, B., Shakya, H., & Ayala, G. X. (2017, March). The role of Latino children's acculturation on their mothers' dietary intake and dietary behaviors. Poster presented at the *Society of Behavioral Medicine*, San Diego, California
88. Horton L., Slymen D.J., Arredondo E.M., Parada H., & Guadalupe A.X. (2017, March). Improving Mothers' Dietary Intake-An Analysis of Individual and Family Mediators in a Family-Based Intervention. Poster presented at the 38th Annual Meeting and Scientific Sessions of the *Society of Behavioral Medicine*, San Diego, CA.
87. De la Torre, C.L., Espinoza Giacinto, R., Haughton, J., Moody, J., Gupta, S., Nodora, J., Wells, K.J., Ramers, C., Bharti, B., Sosa, E., Garcia, F., Lopez, J.G., Ruiz, E., & Arredondo, E.M. (2017, March). Development of a promotor-led intervention to increase colorectal cancer screening rates among Latinos. Poster presented at the *Society of Behavioral Medicine*, San Diego, California.
86. Clark, T.C., Carrizosa, C., Gupta, S., Bharti, B., Nodora, J., Arredondo, E.M., Ramers, C., Magana, Y., Sosa, E., Garcia, F., Haughton, J., Moody, J., Wells, K.J. (2017, March). Development of a patient navigation intervention to improve colorectal cancer care. Poster presented at the *Society of Behavioral Medicine*, San Diego, California.
85. Haughton, J., Nodora, J., Lopez, C., Wells, K.J., Espinoza Giacinto, R., Bharti, B., Gupta, S., Ramers, C., & Arredondo, E.M. (2017, March). Understanding barriers and facilitators to colorectal cancer screening among Latinos in a border region: Focus group findings. Poster presented at the *Society of Behavioral Medicine*, San Diego, California.
84. Arredondo, E.M., Ayala, G.X., Haughton, J., Slymen, D., Sallis, J., Perez, L., Serrano, N., & Elder, J.P. (2017, March). Mediators of a two-year physical activity intervention for churchgoing Latinas participating in Fe en Accion/Faith in Action. Paper presented at the *Society of Behavioral Medicine*, San Diego, California.
83. Mills, S., Arredondo, E.M., Perez, L.G., Haughton, J., Roesch, S.C., & Malcarne, V.L. (2017, March). The Spanish versions of the Perceived Religious Influence on Health Behavior scale and the

- Illness as Punishment for Sin scale in a sample of churchgoing Latinas: An evaluation of their psychometric properties and relationship with health behaviors. Paper presented at the *Society of Behavioral Medicine*, San Diego, California.
82. Gupta, S., Bharti, B., Nodora, J., Wells, K.J., Ramers, C., Garcia, F., Sosa, E., Magana, Y., White, A., Moody, J., Haughton, J., & Arredondo, E.M. (2016, September). Colonoscopy follow-up after abnormal colorectal cancer screening tests at a large federally qualified health center. Poster presented at the *AACR Conference on the Science of Cancer Health Disparities in Racial/Ethnic Minorities and the Medically Underserved*, Fort Lauderdale, Florida.
  81. Perez, L.G., Sallis, J., Elder, J.P., & Arredondo, E.M. (2016, June). Do perceptions of one's neighborhood environment matter for intervention effects on physical activity among Latinas in San Diego, California? Poster presented at the *International Society of Behavioral Nutrition and Physical Activity*, Cape Town, South Africa.
  80. Chavez, A., Perez, L.G., Haughton, J., & Arredondo, E.M. (2016, March). The association between physical activity and acculturation among low active Latina women. Poster presented at the *Society of Behavioral Medicine* meeting, Washington, DC.
  79. Perez, L., Haughton, J., Martinez, E., & Arredondo, E.M. (2016, March). Socio-demographic moderators of the associations of psychosocial stressors and depression with Latinas' cancer screening. Poster presented at the *Society of Behavioral Medicine* meeting, Washington, DC.
  78. Arredondo, E.M., Elder, J.P., Haughton, J., Slymen, D., Sallis, J., Perez, L., Serrano, N., Passa, M.T., Valdivia, R., & Ayala, G.X. (2016, March). Faith in Action/Fe en Accion: Findings from a randomized controlled trial promoting physical activity among Latinas. Poster presented at *Society of Behavioral Medicine Meeting*, Washington, DC.
  77. Soto, S.C., Shakya, H., Haughton, J., & Arredondo, E.M. (2016, March). Leisure time physical activity and social network support among Latinas: The moderating role of education level. Poster presented at *Society of Behavioral Medicine Meeting*, Washington, DC.
  76. Soto, S. C., Shakya, H., Haughton, J., Arredondo, E. M. (2016, January). Leisure time moderate-to-physical activity and the role of social network support for physical activity among adult Latinas. Poster presentation at the *Active Living Research Conference*, Clearwater, FL.
  75. Serrano, N., Perez, L. G., Carlson, J., Patrick, K., Haughton, J., & Arredondo, E. M. (2015, November). Does the relationship between the perceived neighborhood environment and travel patterns vary across individual characteristics? Poster presented at the *Obesity Society* meeting 2015, Los Angeles, CA.
  74. Elder, J.P., Arredondo, E.M., Haughton, J., Perez, L.G., & Martínez, M.E. (2015, October). Fe en Acción/Faith in Action: Promotion of cancer screening among churchgoing Latinas. Poster presented at the *AACR conference on the Science of Cancer Health Disparities in Racial/Ethnic Minority and the Medically Underserved*, Atlanta, GA.
  73. Arredondo, E.M., Sotres-Alvarez, D., Stoutenberg, M., Davis, S.M., Crespo, N.C. Carnethon, M.R., Castañeda, S.F., Isasi, C.R., Espinoza, R.A., Daviglius, M.L., Perez, L., & Evenson, K.R. (2015, May) Poster presented at the *American College of Sports Medicine* meeting, San Diego, CA.
  72. Solórzano, M., Arredondo, E. M. Perez, L., Ayala, G.X., Elder, J.P., & Haughton, J. (2015, May). Sedentary behavior, physical activity, and depression. Poster presented at the American College of Sports Medicine Meeting, San Diego, CA.
  71. Perez, L., Carlson, J., Ryan, S., Estrada-Maravilla, M., Patrick, K., Kerr, J., Elder, J.P., Ayala, G.X., & Arredondo, E. (2015, May). Environmental correlates and moderators of location-based physical activity among churchgoing Latinas. Poster presented at the *American College of Sports Medicine* meeting, San Diego, CA.
  70. Haughton, J., Lopez, N., McKenzie, T., Peterson, M., & Arredondo, E. M. (2015, May). Objective assessment of group physical activity classes for inactive Latina women in San Diego. Poster presented at the *American College of Sports Medicine* meeting, San Diego, CA.

69. Sanz, S., Perez, L., & Arredondo, E. M. (2015, March). Does religiosity buffer the impact of depression among acculturated Latinas? Poster presented at the *Student Research Symposium*, San Diego, CA.
68. Wong, W., Strizich, G., Heo, M., Heymsfield, S.B., Wylie-Rosett, J., Himes, J.H., Rock, C.L., Gellman, M., Siega-Riz, A.M., Sortes-Alvarez, D., Davis, S., Arredondo, E.M., Sanchez-Johnsen, L., Van Hom, L., Kaplan, R., & Mossavar-Rahmani, Y. (2015, February). Relationship between measured body fat and body mass index in US Hispanic population stratified by sex, age and national background: The Hispanic Community Health Study/Study of Latinos (HCHS/SOL). *New York City Epidemiology Forum*, New York City.
67. Perez, L.G., Slymen, D., Sallis, J., Ayala, G.X., Elder, J.P., & Arredondo, E.M. (2015, February). Do personal-level characteristics moderate neighborhood correlates of physical activity among adult Latinas? Oral presentation at *Active Living Research Conference*, San Diego, CA.
66. Serrano, N., Perez, L.G., Lopez, N., Haughton, J., & Arredondo, E.M. (2014, November). The effect of employment on the relationship between acculturation and percent sedentary time among church-going Latina women. *Health Disparities Conference*, Long Beach, CA.
65. Arredondo, E.M. (April, 2014). Developing chronic disease programs for adult Latinas: Challenges and solutions. Duke University Medical Center Grand Rounds. George Phillips Jr. Lecture. (CME credit offered).
64. Haughton, J., Quezada, L., Perez, L., Godbole, S., Patrick, K., Kerr, J., & Arredondo, E.M. (2014, May). Barriers to GPS device wear among Latinas in San Diego. Presented at the *International Society for Behavioral Nutrition and Physical Activity*, San Diego, CA.
63. Perez, LG, Arredondo, EM, McKenzie, TL, Holguin, M, Elder, JP, & Ayala, GX. (2014, May). Do Latinas who have high neighborhood cohesion and practice sufficient physical activity or use public open spaces for physical activity report fewer depressive symptoms? Poster presentation at the *International Society of Behavioral Nutrition and Physical Activity*, San Diego, CA
62. Schmied, E.A., Horton, L., Parada, H., Arredondo, E., Elder, J., & Ayala, G.X. (2014, May). Factors predicting intervention fidelity of a family-based dietary intervention. Poster presentation at the *International Society for Behavioral Nutrition and Physical Activity*, San Diego, CA.
61. Soto, S.C., Arredondo, E., Horton, L., Strong, D., & Ayala, G. (2014, May). Factor analysis of a modified Parenting Strategies for Eating and Physical Activity questionnaire in Latino children. Oral presentation at the *International Society for Behavioral Nutrition and Physical Activity*, San Diego, CA.
60. Haughton, J., Ramirez, J.A., Manzo, T., Montañez, J., Stender, L. Perez Constanza, L., & Arredondo, E.M. (2014, March). Implementing successful promotora-led advocacy projects in Latino churches and neighborhoods in San Diego. Oral presentation at the Annual *Active Living Research Conference*, San Diego, CA.
59. Serrano, N., Holub, C., Chanson, D. Elder, J. P., & Arredondo, E. M. (2013, April). Perceived environment and physical activity among churchgoing Latinas. Poster presented at the *San Diego State University Student Research Symposium*, San Diego, CA.
58. Stark, S., Chanson, D., Haughton, J., Rodriguez, R., & Arredondo, E. M. (2013, April). Association between sleep duration and weight status among church-going Latina women. Poster presented at the *San Diego State University Student Research Symposium*, San Diego, CA.
57. Soto, S. & Arredondo, E. M. (2013, April). Motivational interviews in a physical activity intervention among Latinas. Oral presentation at the *San Diego State University Student Research Symposium*, San Diego, CA.
56. Perez, L., Holub, C. K., & Arredondo, E. M. (2013, April). Frequency of park use and social cohesion levels on physical activity behaviors in U.S. Latinas. Poster presented at the *Society of Behavioral Medicine*, San Francisco, CA.
55. Serrano, N., Holub, C., Chanson, D., Burke, K., Ayala, G. X., Elder, J. P., & Arredondo, E. M. (2013, April). Perceived environment, safety and the relationship between walking around a

- neighborhood and physical activity among churchgoing Latinas. Poster presented at the *Society of Behavioral Medicine*, San Francisco, CA.
54. Soto, S., Arredondo, E., Holub, C., Ayala, G. X., Elder, J. P., Chanson, D., & Haughton. J. (2013, April). Social support for physical activity among Latinas living in San Diego County. Poster presented at the *Society of Behavioral Medicine*, San Francisco, CA.
  53. Haughton, J., Chanson, D., Elder, J. P., & Arredondo, E. M. (2012, October). Sociocultural barriers to cervical cancer screening among church-going Latinas. Poster presented at the *Science of Cancer Health Disparities in Racial/Ethnic Minorities and the Medically Underserved*, San Diego, CA.
  52. Booen-Mejia, E., Marshall, S., Medina, E., Duesterhaus, M., Ayala, G. X., Elder, J., Arredondo, E.M, & McKenzie, T. L. (2012, May). From Academia Da Cidade Program (ACP) to Academia Fit: Adaptation of a community program from Brazil to increase physical activity among Latinos in the United States. Oral presentation at the *International Society of Behavior Nutrition and Physical Activity*, Austin, TX.
  51. Booen-Mejia, E., Marshall, S.J., Medina, E., Duesterhaus, M., Parada, H., Ayala, G.A., Elder, J.P., Arredondo, EM., McKenzie, T.L., & Ji, M. (2012, May). Adaptation of the Academia da Cidade program (ACP) for implementation in the United States: Academia Fit. Poster presented at the *Annual meeting of the American College of Sports Medicine*, San Francisco, CA.
  50. Booen-Mejia, E., Medina, E., Duesterhaus, M., Parada, H., Ayala, G. X., Elder, J., Arredondo, E.M, McKenzie, T. L., & Ji, M. (2012, May). Transadaptation of the Academia Da Cidade Program (ACP) for use in the United Status: Poster presented at the *Annual meeting of the American College of Sports Medicine*, San Francisco, CA.
  49. Marshall, S.J., Booen-Mejia, E., Medina, E., Duesterhaus, M., Parada, H., Ayala, G.A., Elder, J.P., Arredondo, E.M, McKenzie, T.L., & Ji, M. (2012, May). From Academia da Cidade to Academia Fit: adaptation of a community program from Brazil to increase physical activity among Latinos in the United States. Oral presentation at the *International Society of Behavioral Nutrition and Physical Activity*, Austin, TX.
  48. Arredondo, E.A., Horton, L., Parada, H., Ibarra, L., & Ayala, G.X. (2012, May). Vulnerable families: Family environment and eating practices of family members. Poster presented at the *International Society for Behavioral Nutrition and Physical Activity*, Houston, TX.
  47. Mejia, E., Marshall., S.J., Medina, E., Duesterhaus, M., Parada, H., Ayala, G.X., Elder, J., Arredondo, E.M., & McKenzie, M. (FACSM), and Ming Ji. (2012, May). Transadaptation of the academia da cidade program (ACP) for use in the United States: Academia Fit. Poster presented at the *American College of Sports Medicine*, San Francisco, CA.
  46. Kolodziejczyk, J. Barrera A., Patrick K.; Dillon L., Marshall S., Arredondo, E.M., Rock C., Raab F., Griswold W., Sullivan M., & Norman, N. (2011, November). Design of a Tailored Text-message Intervention for Weight Loss. Poster presented at the *American Heart Association*, Orlando, FL.
  45. Child, S., Arredondo, E.M., McKenzie, T., Martinez, S.M., Elder, J.P., & Ayala, G.X. (2011, November). Understanding the relationship between park characteristics and physical activity level. Oral presentation at the *American Public Health Association conference*, Washington D.C.
  44. Miller, H., Stoddard, J.A., Hickman, S., Arredondo, E.M., & Schraufnagel, K.E. (2011, May). Mexican American Attitudes Towards Mindfulness-Based Stress Reduction: Acceptability, Accessibility, and Cultural Compatibility. Poster presented at the *California Psychological Association Graduate Students Conference*. Los Angeles, CA.
  44. Arredondo, E., Morello, M., Ayala, G.X., Espinoza, N., & Holub, C. (2011, April). Feasibility and preliminary findings of a faith based study targeting correlates of physical activity among young Latinas. Poster presented at the *Society for Behavioral Medicine*, Washington, DC.
  43. Horton, L.A., Parada, H., Arredondo, E.M., & Ayala, G.X. (2011, April). Effects of maternal parenting styles on child BMI in a Latino population, Imperial County California. Poster presented at the *Society of Behavioral Medicine conference*, Washington D.C.

42. Molina, M., Arredondo, E., Elder, J., Garcini, L., & Ayala, G.X. (2011, April) Understanding the influence of acculturation into the U.S. on health behaviors related to obesity. Poster presented at the *Society of Behavioral Medicine*, Washington D.C.
41. Elder J.P., Holub, C.K., Arredondo, E.M., Barquera, S., Sanchez-Romero, L.M., Rivera, J., & Lobelo, F. (2011, October). Obesity Interventions among U.S. Latinos and Latin Americans: A Systematic Literature Review. Oral presentation at the *Obesity Conference*, Orlando, FL.
40. Ayala, G.X., & Arredondo, E. (April, 2011). Nutrition resilience among Mexican immigrant/Mexican-American families. Oral presentation at the *Society for Research on Child Development* conference, Montreal, Canada.
39. Wassertheil-Smoller S, Arredondo E.M., Avilés-Santa L, Choca J, LaVange L, Lee-Rey E, Mosley T, Penedo F, Santisteban D, Talavera G, & Zee P. (2011, March). Depression and Anxiety in Hispanic/Latino Subgroups in the United States and in Relation to Acculturation: Results from the Hispanic Community Health Study / Study of Latinos (HCHS/SOL). Poster presented at the *American Heart Association-Cardiovascular meeting*, Orlando, FL.
38. Espinoza, N., Hoos, T., Arredondo, E.M., Marshall, S., & Elder, J. (2010, April). Validity of the global physical activity questionnaire (GPAQ) in adult Latinas. Oral presentation at the *Society of Behavioral Medicine*, Seattle, WA. Received a Student Meritorious Award, Seattle, WA.
37. Cavallera, L; Lemus, H.; Malcarne, V L; Arredondo, E.M., & Riley, N., Sadler, G (2010, April). Family history of breast cancer and cancer worry as predictors of mammogram screening in Hispanic American women. Poster presented at the *Society of Behavioral Medicine*, Seattle, WA.
36. Arredondo, E.M., Mueller, K., Mejia, E., Rovira-Osterwalder, T., Pastrana, E., Elder, J., Campbell, N., Ryan, S., & Baquero, B. (2010, February). Caminando con Fe (Walking with Faith): Promotoras advocating for built environmental changes to promote physical activity among churchgoing Latinas. Oral presentation at *Active Living Research*, San Diego, CA.
35. Martinez, S. M., Arredondo, E. M., Roesch, S., Patrick, K., Ayala, G. X., Elder, J. P. (2009, November) Acculturation and gender differences in walking for transportation among Latinos in San Diego County. Oral presentation for the *American Public Health Association*, Philadelphia, PA.
34. Ayala, G. X., Hoffman, L., Pickrel, J., Bothwell, E. K. G., Arredondo, E.M., Patrick, K., & Elder, J. P. (2009, March). Implementation of a volunteer-based intervention to promote physical activity in a Latino community. Presentation at the *National Conference on Chronic Disease Prevention and Control*, National Harbor, MD.
33. Arredondo, E.M., Mejia, E., Pastrana, E., Martinez, S., Elder, J., & Campbell, N. (2008, November). Caminando con Fe (Walking with Faith): A church-based multi-level intervention promoting physical activity in Latinas. Poster presented at the *American Public Health Association*, San Diego, CA.
32. Nguyen, T., Arredondo, E.M., Ayala, G.X., Mejia, E., & Pastrana, E. (2008, November). Religiosity, self-efficacy, acculturation, and social support correlate higher physical activity among church going Latinas. Poster presented at the *American Public Health Association*, San Diego, CA.
31. Elder, J. P., Arredondo, E. M., & Ayala, G. X. (2008, August). Relation between physical activity, chronic disease and depression among Mexican American and Mexican immigrant women in the USA. Oral presentation at the *International Congress of Behavioral Medicine*, Japan.
30. Daniel, J., Baquero, B., Crespo, N., Arredondo, E.M., Elder, J., & Bothwell, K. (April, 2008). A nutritional assessments of indigenous families in Baja California, Mexico. Oral presentation at the *American Public Health Association*, San Diego, CA.
29. Arredondo, E.M., Mendelson, T., Ayala, G. X., & Elder, J. P. (2008, March) Relation between physical activity and depression among Latinos. Poster presentation at the *Society for Behavioral Medicine* conference, San Diego, CA.
28. Crespo, N., Vercammen, C., Ayala, G.X., Slymen, D., Arredondo, E.M., & Elder, J. (2008, March). Pre-term birth and higher acculturation status are associated with asthma in 4-8yr old Latino children living in San Diego California. Poster presented at the *Society of Behavioral Medicine*, San Diego, CA.

27. Martinez, S., Mejia, E., Pastrana, E., & Arredondo, E.M. (2008, March). Social cognitive correlates of leisure-time physical activity among Latinas in San Diego County. Poster presented at the *Society of Behavioral Medicine*, San Diego, CA.
26. Martinez, S. M., Arredondo, E. M., Ayala, G. X., Patrick, K., Roesch, S., & Elder, J. P. (2007, November). Acculturation and psychosocial correlates of physical activity in a Latino community. Roundtable presentation at the *American Public Health Association* conference, Washington, D.C.
25. Rogers, M.K., Ayala, G.X., Baquero, B., Barajas, D., Duerksen, S., Arredondo, E.M., Campbell, N., & Elder, J.P. (2006, November). Correlates of away-from-home eating behavior and restaurant selection among Latino families with elementary-age children in south San Diego County. Poster presented at the *American Public Health Association*, Boston, MA.
24. McKenzie, T., Hardung, M., Baquero, B., Arredondo, E.M., & Elder, J. (May, 2006). Leisure-time physical activity in elementary schools: Analysis of environmental conditions. Poster presented at the *American College of Sports Medicine*, Denver, CO.
23. McKenzie, T., Elder, J.P., Baquero, B., & Arredondo, E.M. (2006, April). Observation of physical activity and contexts at home and school: Aventuras para Niños. Poster presented at the *International Physical Activity Conference*, Atlanta, GA.
22. Ramirez, M., Coleman, K.J., Baquero, B., Arredondo, E.M., Medina, E., Campbell, N., & Elder, J. (2006, April). Correlates of physical activity among young Latino children. Poster presented at the *International Physical Activity Conference*. Atlanta, GA
21. Carbajal, S., Baquero, B., Arredondo, E.M., Ayala, G.X., & Campbell, N. (2006, March). The relationship between infant feeding practices and body mass index among a cohort of Latino children in South San Diego. Poster presented at the *Society of Behavioral Medicine*, San Francisco, CA
20. Arredondo, E.M., Ayala, G.X., Elder, J.P., Campbell, N., & Baquero, B. (2006, March). Promoting healthy eating and physical activity in the home: Does parenting style really matter. Poster presented at the *Society of Behavioral Medicine*, San Francisco, CA.
19. McKenzie, T. L., Schlenker, L., Baquero, B., Arredondo, E. M., Elder, J. P., & Campbell, N. (2006, February). Environmental correlates of physical activity in Mexican-American children at home. Poster presented at the *Active Living Research Conference*, San Diego, CA.
18. Baquero, B., Arredondo, E.M., Brandstein, K., Campbell N., Duerksen, S., Ayala, G.X., & Elder, J.P. (2005, March). Aventuras para Niños: A promotora home-based intervention that addresses parents' behavioral strategies to healthy eating. Poster presented at the *Society of Behavioral Medicine*, San Francisco, CA.
17. Arredondo, E.M., Elder, J.P., Ayala, G.X., Campbell, N.R., & Baquero, B. (2004, November). Latinas' Dietary Behaviors: The Role of Acculturative Stress and Other Psychosocial Predictors. Poster presented at the *American Public Health Association*, Washington, D.C.
16. Duerksen, S.C., Arredondo, E.M., Campbell, N.R., Baquero, B. Ayala, G.X. & Elder, J.P. (2004, November). Fast food, family dining patterns and childhood obesity. Poster presented at the *American Public Health Association*, Washington, D.C.
15. Duerksen, S.C., Baquero, B., Campbell, N.R., Elder, J.P., Arredondo, E.M., McKenzie, T., & Ayala, G.X. (2004, November). Invited presentation. Aventuras para niños: Childhood obesity prevention in Latino home and community environments. Oral presentation at the *American Public Health Association*, Washington, D.C.
14. Larios, S.E., Ayala, G.X., Baquero, B., Arredondo, E.M., & Elder, J.P. (2004, November). Development of survey that measures home environmental factors contributing to obesity. Poster presented at the *American Public Health Association*, Washington, D.C.
13. Baquero, BA, Ayala, G.X., Arredondo, E.M., Mueller, K., Elder, J.P., & Campbell, N. (2004, November). An innovative health communication nutrition intervention for Latinas: Process evaluation findings. Poster presented at the *American Public Health Association*, Washington, D.C.

12. Ayala, G.X., Baquero, B., Arredondo, E.M. & Elder, J.P. (2004, March). Cultural and familial influences on the dietary behaviors of Latino children. Paper presented at the *Society of Behavioral Medicine*, Baltimore, MD.
11. Arredondo, E.M., Elder, J., Baquero, B. Ayala, G.X., & Campbell, N. (2004, March). The influence of church involvement and acculturation on Latinas' participation in physical activity. Paper presented at the *Society of Behavioral Medicine*, Baltimore, MD.
10. Arredondo, E.M., Elder, J., Ayala, G.X., Baquero, B., & Campbell, N. (2004, March). The influence of egalitarian versus autonomous meal decision-making and preparation on Latinas' dietary practices. Paper presented at the *Society of Behavioral Medicine*, Baltimore, MD.
9. Arredondo, E.M., Elder, G.X., Ayala, G.X., Baquero, B., & Campbell, N. (2003, November). Comparing the dietary practices of Latinas from egalitarian versus autonomous families. Poster presented at *Overcoming Diabetes Health Disparities*, Nashville, TN.
8. Arredondo, E.M., Randall-David, B., Smolker, E., Hooper, I., & Shapiro, L. (2001, October). Cervical cancer-related knowledge among low income urban African American women: A community-based empowerment intervention. Poster presented at the *American Public Health Association*, Atlanta, GA.
7. Gilbert, L.K., Randall-David, B., Arredondo, E.M., Chapman, S., Hooper, I., Shapiro, L., & Wilcher, R. (2001, September). *Innovative evaluation strategies: Measuring intervention effectiveness*. Oral presentation at *Cancer Conference*. Atlanta, GA.
6. Pollak, K.I., Arredondo, E.M., Yarnall, K.S.H., Lipkus, I., Myers, E., McNeilly, M., & Costanzo, P. (2001, July). Test of racial bias in residents' smoking cessation counseling. Poster presented by K. Pollak at the *American Society for Preventive Oncology*. Boston, MA.
5. Pollak, K.I., Arredondo, E.M., Yarnall, K.S.H., Lipkus, I., Myers, E., McNeilly, M., & Costanzo, P. (2001, April). Factors associated with residents reporting addressing smoking with "high risk" women. Poster presented at the *Society for Research on Nicotine and Tobacco*, Seattle, WA.
4. Arredondo, E.M., Pollak, K.I., Costanzo, P.R., Yarnall, K.S.H., Lipkus, I., Myers, E., & McNeilly, M. (2001, March). Primary care residents' characteristics and motives for providing different medical treatment of cervical cancer screening. Poster presented at *The Association for Women in Psychology Conference*, Los Angeles, CA.
3. Arredondo, E.M., Pollak, K.I., Costanzo, P.R., Yarnall, K.S.H., Lipkus, I., Myers, E., & McNeilly, M. (2001, March). The influence of patients' ethnicity on cervical cancer screening referral. Poster presented at the *Society for Behavioral Medicine*. Seattle, WA.
2. Arredondo, E.M., Gilbert, L.K., Randall-David, E., Wilcher, R.A., & Chapman, S.M. (2001, February). Likert-type and open ended surveys: Lessons learned in assessing health beliefs of low-income ethnic minority women. Poster presented at *American Psychological Association* conference on enhancing outcomes in women's health, Washington, D.C.
1. Gilbert, L., Randall-David, E., Wilcher, R., Arredondo, E.M., & Chapman, S. (2000, November). Data collection among low-income minority populations: Lessons learned from an evaluation of a community-based intervention. Poster presented at the *American Public Health Association*, Boston, MA.

### **Local Conference Development**

SDSU Cancer Research group. Lightning talks. May, 2019

SDSU-UCSD Cancer Partnership retreat. 2018 Partnership Retreat. San Diego State University.

February, 2018. Chair: Arredondo, E.M.

UCSD Dissemination & Implementation planning committee. Chair: Rabin, B. January, 2018

### **LOCAL CONFERENCE SYMPOSIA, WORKSHOPS, PANELS & RESEARCH GROUPS**

Arredondo, E.M. & Escaron, A. (Oct 2023). Advancing Health Equity: Dissemination and

Implementation Science in Action. The College of Health and Human Services Diversity, Equity,



- and Inclusion Speaker Series – Advancing Health Equity: Approaches to Address Structural Inequities. San Diego State University, San Diego, CA.
- Arredondo, E.M. (October, 2021). Leveraging academic-community partnerships to improve Latino health. Key Note speaker for Latina Network group at SDSU.
- Arredondo, E.M. (October, 2021). Health equity and engaging community stakeholders. San Diego Leadership Education in Neurodevelopmental and Related Disabilities (San Diego Leadership Education in Neurodevelopmental and Related Disabilities)
- Brownson, R & Arredondo, E.M. (September 2021). Health Equity. Dissemination and Implementation Science Center. Monthly journal club.
- Arredondo, E.M. (September, 2021). Adapting a physical activity online program for Latina mothers and pre-adolescent daughters. Cancer Center Retreat. Cancer control: The Quest to Cover the Continuum from Prevention to Survivorship.
- Arredondo, E.M. (October, 2020). Opportunities to Engage in Public Health Research. SDSU Family Week.
- Arredondo, E.M. & Haughton, J. (May, 2019). Designing and Adapting Interventions to Promote Health and Reduce Health Disparities. Career Enhancement Seminar. Research Centers in Minority Institutions.
- Arredondo, E.M (May, 2019). The role of community cancer prevention programs in promoting health equity. SDSU Cancer Research Group lightning talks.
- Arredondo, E.M. Chiang, D., Kerr, J., & Brookman-Frazee (April, 2018). Dissemination and Implementation Research Summit, UCSD. Designing for Dissemination and Implementation, Stakeholder engagement, D&I Strategies. Moderator: Stadnick, N. University of California, San Diego. San Diego, CA.
- Arredondo, E.M. (April, 2018). Promotion of water consumption in elementary school children in San Diego, USA and Tlatizapan, Mexico. Panel part of-Building and maintain global research networks for physical activity: Lessons learned and opportunities for collaboration. Panel: Arredondo, E., Sallis, J., Pratt, M. University of California Global Health Day. University of California, San Diego. San Diego, CA.
- Haughton, J. & Arredondo, E.M. Findings from Faith in Action. (June, 2016). Presentation given to the Diocese of San Diego.
- Soto, S., & Arredondo, E.M. Feasibility of a physical activity intervention among pregnant Latina in the Women, Infants, and Children (WIC) program. (May, 2016). WIC Research Round Table (RRT).
- Arredondo, E.M. (April, 2013). An overview of the nutrition transition in Mexico and its consequences. San Diego State University's International Forum, San Diego, CA.
- Arredondo, E.M. (January, 2012). Promotoras for better health. Child Development and Community Health in Department of Pediatrics at the University of California, San Diego.
- Ayala, G.X., Arredondo, E.M., & Madanat, H. (May, 2010). Engaging communities in health promotion: A continuum of participatory methods. US Public Health Service, Scientific and Training Symposium, San Diego, CA.
- Arredondo, E.M. Professional Development: Issues for Interdisciplinary Researchers (February, 2010). Active Living Research grantee meeting, San Diego, CA.
- Arredondo, E.M. (November, 2009). Caminando con Fe (Walking with Faith): A church-based Multi-Level Intervention Promoting Physical Activity in Latinas. Moores Cancer Center Scientific Faculty Retreat, San Diego, CA.
- Arredondo, E.M., Elder, J.P., Campbell, N., & Baquero, B. (February, 2005). Aventuras para niños: Childhood obesity prevention in Latino home and community environments. Child and Adolescent Service Center, San Diego, CA.

## PROFESSIONAL DEVELOPMENT

- 6/22 Inclusive Excellence Fellowship (San Diego State University)
- 6/20 SDSU Flexible Course Design Summer Institute

1/18	Center for Creative Leadership Training (Leadership Development Program)
3/17	Society of Behavioral Medicine--Leadership Training
6/17-6/19	Mentored Training for Dissemination and Implementation Research in Cancer (MT-DIRC)
9/16-12/16	Training Institute for Dissemination and Implementation Research in Health (TIDIRH)
9/06	Physical Activity and Public Health course
6/05	National Cancer Institute, Advanced Training Institute in Health Behavior Theory
7/05	National Institute of Health, Summer Institute on Randomized Clinical Trials
7/04	Latent Growth Curve Modeling (University of Carolina, Chapel Hill)
10/00	Applied Psychometrics for Health Outcomes Research
3/99	Qualitative Interviewing and Data Analyses

## TEACHING EXPERIENCE

### International

#### **Instituto Nacional de Salud Pública**

##### Course instructor

##### ***Summer Institute, 2010***

*Theoretical foundations of public health*

##### ***Summer Institute, 2012***

*Community interventions for the promotion of physical activity in the Americas*

#### **San Diego State University-School of Public Health**

##### Courses-Instructor

##### ***PSY 407, Spring 2022***

*Health Psychology*

##### ***PH 700, Fall 2009***

*Migrant Health Issues*

##### ***PH 700F, Spring 2021***

*Introduction to Dissemination and Implementation*

##### ***PH 664/866, Spring 2006, 2007, 2008, 2009, 2010, 2012, 2014, 2015***

*Health, Society and Human Behavior*

##### ***PH 661, Fall 2008, 2009, 2013, 2017, 2019, 2020***

*Theoretical Foundations of Health Promotion*

##### ***PH 662, Spring 2011.***

*Motivating Behavior Change*

##### ***PH 862, Fall 2011, 2012, 2016, 2017, 2019, 2020***

*Advanced Theoretical Foundations of Health Promotion & Behavioral Science*

##### ***PH 867, Spring 2015 (co-taught with Dr. Heather Corliss), Spring 2018 (Co-taught with Dr. Liz Reed)***

*Grant Proposal Writing for Health Behavior Research*

##### ***PH 667, Spring 2017***

*Preventing Chronic Disease*

**Duke University-Psychology Department**

Courses-Instructor

***PSY 117 Summers, 2000 & 2001***

*Statistical Inference in Psychological Research*

Courses-Teaching Assistant

***PSY 99 Fall 2001, Fall 2000, Fall 1999***

*Personality and Social Psychology. Instructor: T. Lynch, Ph.D.*

***PSY 11 Spring 2000***

*Introduction to Psychology. Instructor: P. Holland, Ph.D.*

**Psychology Department -- University of Washington**

Courses-Teaching Assistant

***PSY 217, Winter 1995***

*Statistical Inference in Psychological Research. Instructor: G. Loftus, Ph.D.*

***PSY 218, Spring 1995***

*Introduction to probability and statistics for psychology. Instructor: G. Loftus, Ph.D.*

**Guest Lectures**

Leadership Education in Neurodevelopmental and Related Disabilities (San Diego LEND; UCSD).

Title: Health Equity (Brookman-Frazer, Lauren and Jessica Suhrheinrich).

PH700A, (SDSU), Cancer Prevention and Control (Thompson). Spring 2019

FPM 291, (UCSD) Dissemination and Implementation Science in Health: An Introduction.

Title: Effects of a physical activity intervention in adult Latinas: Implications for implementation research. Spring 2019

FPM-258C, (UCSD) Public Health Research Ethics (Nebeker)

Title: Ethical dimensions of public health research. Spring 2016

PSY 846 (SDSU) Behavioral Medicine Seminar (Danoff-Burg)

Title: Intervention development. Spring 2012, 2013

PH 861 (SDSU). Behavioral Measurement (Elder)

Title: Cognitive Interviewing and measurement issues in ethnic minorities. Spring, 2010.

PH 697 (SDSU) Research Methods (Madanat)

Title: Experimental studies. Spring, 2009.

HHS 350 (SDSU) Applied international health & human services (Morris)

Title: An overview of the nutrition transition in Mexico and its health implications. Spring, 2010.

PH 800 (SDSU). Professional seminar (Madanat)

Title: Academic careers. Fall, 2009, 2014, 2015, 2016

PH 800 (SDSU). Professional seminar (Usita)

Title: Academic careers. Spring, 2009.

Psych 124 (UCSD), Clinical Psychology (Anderson)

Title: Latino children's risk for overweight: Social and environmental influences. Spring 2007.

Psych 842 (SDSU), Behavioral Medicine Proseminar: Assessment Issues (Gallo)

Title: Measurement Issues in Hispanic Americans. Spring 07.

PH 661 (SDSU), Theory Foundations (Mayer and Martinez-Donate)

Title: Evaluating a stage model in the prediction of Latinas' cervical cancer screening practices: the role of psychosocial and cultural predictors. Spring 06 and Spring 05.

Psych 100 (Loma Linda University)-Clinical Psychology seminar (Legendre)

Title: Promoting healthy eating and physical activity in the home: Do parenting styles and home environment influence children's health practices? Spring 06.

Bio 246, (SDSU) Colloquium in Biomedical Sciences (Ulloa)

Title: Multi-level approaches to addressing obesity and cancer in Latino Communities: tips for pursuing a career in health psychology. Spring 05.

### **Undergraduate**

1. Cynthia Sanchez (Partnership Scholar, 2017-2018)  
Title: A Plan to Determine How to Sustain Physical Activity Programs in Faith Based Organizations
2. Muna Sharif (Partnership Scholar, 2018)  
Title: Are there gender differences in health behaviors among participants enrolled in a cancer prevention intervention?
3. Miriam Maldonado (Partnership Scholar, 2019)  
Title: Understanding patient level factors that influence colorectal cancer screening among Latinxs
4. KenJonae Wallick (Partnership Scholar, 2020)  
Title: Systematic review of obesity intervention and prevention programs for Latinos.

### **Masters' Thesis Committees- Chair**

1. Ashley Withers, April 2009.  
Title: Prospective analyses of changes in psychosocial variables and physical activity among facility-dwelling older adults.  
Ms. Withers examined the impact of an intervention on the physical activity of older adults.
2. Tracy Hoos, September 2009.  
Title: The association of environmental perceptions on intended park use among adult Latinas in Chula Vista.  
Ms. Hoos examined the influence of park characteristics on the intention to use a park.
3. Lona Cavallera, May 2010.  
Family History of Breast Cancer and Cancer Worry as Predictors of Mammography Screening in Hispanic American Women.  
Ms. Cavallera examined psychosocial correlates of perceived cancer risk.
4. Alicia Voorhees, May 2010.  
The association between family level correlates and health practices in churchgoing Latinos.  
Ms. Voorhees examined the impact of advocacy and family level factors on Latinos health practices.
5. Stephanie Escobar, May, 2011.  
Assessing the influence of a Latino faith-based program on the health practices of congregants, youth leaders, and organization.  
Ms. Escobar evaluated the influence of a community based program on the health habits of youth (ages 12-18)
6. Shana Wright, April 2012.  
Title: Quality of life in obese adolescents: The role of individual and environmental variables.  
Ms. Wright used baseline data from an intervention study that aimed to reduce the excessive weight among youth.
7. Sarah Hardin, July 2012  
Title: Development and exploratory factor analysis of an instrument to assess religiosity and health in a Latina population  
Ms. Hardin used qualitative and quantitative data to understand the factor structure of a religiosity scale.
8. Rachel Mintle, Dec 2012.  
Title: Hypertension risk factors and physical activity in Latinas  
Ms. Mintle used data from the San Diego Prevention Research Center to evaluate correlates of hypertension and physical activity among a sample of adult Latinas.
9. Megan Beard, April 2013.

- Title: Determinants of implementation effectiveness in a physical activity program for church going Latino women.  
Ms. Beard conducted interviews with church leaders on their attitudes of the physical activity intervention.
10. Jaclyn Goldberg, May 2013.  
Title: The maintenance and role of arthritis related exercise self-efficacy in older adults.  
Ms. Goldberg collected data from older adults participating in a physical activity intervention.
  11. Lanny Mommsen, May 2013  
Title: Effects of number of children in a household on the nutritional intake of Latino women  
Ms. Mommsen used baseline data from an intervention promoting healthy eating among Latino families.
  12. Hope Velarde, September 2013  
Title: The role of social support in a chronic disease patient navigation program among a Latino/Hispanic and Somali Refugee Population  
Ms. Velarde examined the impact of a patient navigator program on participants' health practices (e.g., fruits and vegetable intake)
  13. Ashley Vandezande, May, 2014  
Title: Associations of levels and types of physical activity and sedentary behavior with total abdominal fat in overweight and obese adults  
Ms. Vandezande used accelerometer data and objective assessments of obesity.
  14. Vanessa Torres, June 2014  
Title: Personal, social, and physical environmental correlates of sedentary behavior in churchgoing Latinas  
Ms. Torres used the ecological framework to guide her thesis
  15. Natalie Svistoonoff, June 2014  
Title: The association between biculturalism, knowledge of cervical cancer screening, religiosity, and perceived barriers to cervical cancer screening among churchgoing Hispanic women.  
Ms. Svistoonoff used data from Faith in Action/Fe en Accion to evaluate the association between cancer prevention behaviors and socio-demographic factors.
  16. Bailey Madnick, May 2014  
Title: Using the transtheoretical model to evaluate the effectiveness of peer health education and sexual health.  
Ms. Madnick collected and analyzed data from student health services at SDSU.
  17. Christina Lares, Spring 2015  
Title: Understanding teenage pregnancy and parenting experience among Ventura county Latinas.  
Ms. Lares conducted several focus groups to understand factors associated with increased risk of teenage pregnancy.
  18. Carolina Gonzalez, Spring 2016  
Title: Correlates of mammography screening among churchgoing, Mexican born Latinas  
Ms. Gonzales used the Behavioral Model for Health Services Use to examine predictors of mammography use. Findings suggest that clinical breast exams were the most significant predictors of mammography use.
  19. Madison Noble, Spring 2016  
Title: Examination of tobacco receptivity and risk of use among youth  
Ms. Noble used data from Population Assessment of Tobacco and Health (PATH) Study and found that receptivity to tobacco use was a significant predictor of e-cigarettes among youth.
  20. Natalicio Serrano, Spring 2016  
Title: Does the relationship between neighborhood environment and Latinas' daily walking and vehicle time vary by intrapersonal characteristics?  
Mr. Serrano integrated GPS and accelerometer data through the PALMS system to examine travel patterns of Latinas.

21. Sarah Andrade, Fall 2016  
Title: Screening for driver disorientation at the Iowa Department of Motor Vehicles  
Ms. Andrade found a positive correlation between a screening test and passing the drivers exam among residents living in Iowa.
22. Jennifer Sanford, Summer 2017  
Title: The associations between physical activity, sedentary behavior, and depressive symptoms Among US High School Students.  
Using CDC's Youth Risk Behavior Survey (2015), Ms. Sanford found associations between depression, physical activity, sports teams, and non educational electronic use.
23. Meaghan Roach, Spring 2018  
Title: The relationship between sexual orientation, structural discrimination, and health related quality of life.  
Used data from BRFSS to examine relationships between sexual orientation, physical health, mental health, and structural discrimination.
24. Melissa Hernandez, Spring 2018  
Title: Analyses of multi-level motivators and barriers to physical activity among churchgoing Latinas in San Diego, California.
25. Alice Wong, Spring 2019  
Title: Preliminary Impact of a promotor-led intervention on colorectal cancer screening among Latinos.
26. Jennifer Beckner-Schneider, Spring 2020.  
Title: Medical Pluralism and the process of health care decision making in a rural Paraguayan Community
27. Allegra Stephens, Spring 2020  
Title: Gun safety interventions aimed to teach adults about how to keep children safe: A systematic literature review
28. Sophia Rodriguez, Summer 2021.  
Title: Environmental racism in the eastern Coachella Valley: P'urepecha parents' testimonies on childhood asthma-related symptoms and its relationship to the Salton Sea.

#### **Masters' Thesis Committees- Second or Third Member**

1. Sharina Carbajal, May 2006  
Title: The Relation between Infant Feeding Practices and Risk of Overweight among a Cohort of Latino Children in South San Diego County
2. Trang Nguyen, June 2008  
Title: Religiosity, physical activity, and psychosocial correlates of physical activity among churchgoing Latinas living in Chula Vista, CA
3. Abegail Andaya, May 2008  
Title: Frequency of watching television during family meals/consumption of family meals
4. Shelby Robinson, December 2008  
Title: Accuracy of parental perceptions of child weight status
5. Serena Boyd, May 2009  
Title: Health practices, program satisfaction and perceived barriers of elementary school teachers: pre and post intervention
6. Nicole Pizzi, May 2009  
Title: Are perceived benefits and barriers of dog walking associated with stage of change?
7. Kelley Thompson, May 2010  
Exploring strategies for a culturally-specific physical activity intervention for native Hawaiian and Pacific Islanders.
8. Jamie Schroer, May 2010  
The impact of a physical activity intervention on the promotoras leading the intervention

9. Alana Horais, October 2010  
Food security in California: A social ecological analyses of 2007 California Health Interview Survey.
10. Stephanie Child, October 2010  
Title: Psychosocial predictors of diet adherence in breast cancer survivors
11. Monica Ward, November, 2011  
Title: Gender differences in fruit and vegetable consumption and percentage of calories from fat amongst Latino immigrants in North Carolina.
12. Susan Mojica, May, 2012  
Title: Women and strength training
13. Jessica Haughton, May 2012  
Title: Health care utilization among low-income Latinas in San Diego
14. Kadie Harry, July, 2012  
Title: Relationship of Optimism and Pessimism to Quality of Life in Patients with Systemic Sclerosis: Mediators or Moderators?
15. Patti Taylor-Wansley (psych), June 2013  
Psychometric Properties of the Duke University Religion Index English and Spanish Versions for Hispanic American Women
16. Becky Marquez, March, 2013  
Social network characteristics associated with health behaviors among Latinos
17. Rachel Drobot, October 2013  
Characteristics of Latino customers and reported influence of point-of-purchase promotional techniques for fruits and vegetables
18. Alejandra Perez (psych), March 2015  
Psychometric Properties of the English and the Spanish versions of the Cancer Worry Scale in Hispanic-American Women
19. Sina Lo, May 2015  
The association between moderate-vigorous physical activity and dietary behavior among churchgoing Latinas in San Diego County
20. Shelley Condon (psych), Jan 2016  
Coping Profiles and Health Outcomes among Individuals with Systemic Sclerosis: A Latent Profile Analysis Approach.
21. Cristian Garcia-Alcaraz (psych), July, 2020  
The Psychometric Evaluation of the Multidimensional Health Locus of Control scales in High- and Low-religiosity Hispanic Americans.
22. Jenna Bastear, November 2020  
Successful HPV vaccine series completion in teen-males through the well child exam.
23. Erika Romero, May 2021  
Differences in engagement of dietary behavioral strategies and perceived barriers to fruit and vegetable consumption by chronic health condition status among adult Latino shoppers
24. Melanie Gomez, Summer 2023
25. Athena Cisneroz, April 2024

### **Capstone**

1. Brandi Jones, May 2018  
Mental Health Needs Assessment for the Nile Sisters Development Initiative
2. Sarah Grabe, April 2019  
Program Plan for a Physical Activity Intervention for Latina Mothers and Pre-Adolescent Daughters
3. Lauren Bossi, April 2020.

- Evaluation of the Diabetes Prevention Program Implemented for Older Adults at the St. Paul's PACE Center
4. Anola Sanders, May 2021  
An Evaluation of the Intuitive Eating Training Program for SISSTER, FratMANner, and Peer Health Educators at San Diego State University
  5. Camarina Augusto, May, 2021  
Economic Vulnerability and Intimate Partner Violence among Adolescent Girls in Nigeria: A Qualitative Assessment to Inform Intervention Efforts
  6. Ana Alvarez, May 2021  
A Process Evaluation that Examines Feasibility, Acceptability, Adoption, and Implementation of the Mi Puente Program
  7. Beatriz Bautista, April, 2021  
Program Evaluation of Vista Hill SmartCare Integrated Behavioral Health Program
  8. Miriam Maldonado, April, 2022  
Title: An evaluation of the Conmigo program
  9. Michelle West, April, 2022  
Title: Application of RE-AIM framework on Conmigo
  10. Katherine Velasco, May 2023  
Title: U.S. Latina/Hispanic mothers' perceived barriers and facilitators related to COVID-19 vaccination for their children

#### **Master's Thesis Reader**

1. Libby Landry, Spring 2017

#### **Doctoral Thesis Committee-Chair**

1. Lilian Perez, May 2017  
Title: Ecological correlates of physical activity among urban adult and adolescent populations: Findings from global and US contexts.
2. Sandra Soto, July 2017  
Title: The role of children, families, and acculturation on Latina mothers' dietary intake and behaviors.
3. Andrea Mendoza-Vasconez (August 2019).  
Title: Lapse, Relapse and Maintenance in Physical Activity Interventions for Latina Women
4. Marisa Torres-Ruiz (anticipated June 2025)
5. Victoria Telles (anticipated June 2026)
6. Jackie Garcia (anticipated August 2026)

#### **Doctoral Students-Committee member**

1. Suzanna Martinez, May 2009  
Title: Individual, social and environmental correlates of physical activity among Latinos in San Diego County.
2. Juliann (Saquib) Pierson, June 2010  
Title: The use of complementary and alternative medicine among breast cancer survivors: The Women's Healthy Eating and Living study perspective/
3. Sarah Linke, Psychology, April 2011  
Title: Intermittent exercise in response to nicotine cravings in the context of an internet-based Smoking Cessation Program
4. Meghan Morris, May 2011  
Title: Early substance use experiences and trajectories leading to injection drug use among male and female current injection drug users in the Mexico-US Border region
5. Jordan Carlson, November 2012



- Title: Child physical activity in relation to school physical activity practices
6. Sally Dominick, May 2013  
Title: Lymphedema in breast cancer survivors: Risk factors, distress and quality of life, and Patient Compliance with a Physician Referral
  7. Julia Kolodziejczyk, February 2014  
Title: Validation of the strategies for weight management questionnaire for overweight or obese adults.
  8. Ernesto Ramirez, Spring 2016  
Title: Discretionary self-monitoring of physical activity: A mixed-methods study of behavior change technique use and historical physical activity
  9. Catherine Marinac, Spring 2016  
Title: Prolonged overnight fasting as a novel intervention strategy for reducing breast cancer risk.
  10. Jennie Kempster, May 2017  
Title: Using cluster analysis to investigate the association between smokefree homes, light Smoking, and Cessation Behaviors
  11. Christina Patch (Thornton), May 2017  
Title: Senior change makers: Improving physical activity environments
  12. Jennifer Sanchez, June 2017  
Title: “A food environment perspective on the fruit and vegetable dietary behaviors of US Hispanics”
  13. Kelsie Full, May, 2018  
Title: 24-Hours of heart health: An analysis of sleep duration and cardiovascular disease in the OPACH cohort
  14. Lauren Weiner, May, 2021  
Title: A Remotely Delivered, Peer-Led Intervention to Improve Physical Activity and Quality of Life in Younger Breast Cancer Survivors
  15. Daniel Chavez-Yenter (F99/K00)
  16. Sandy Bohan (anticipated defense date 2022)
  17. Cassandra Martinez (anticipated defense date 2024)

### **Doctoral Students-Practicum**

1. Latrice Pichon, May 2008.
2. Jessica Jimenez, December 2008.

### **International Doctoral Students—Year long internship**

1. Maira Parra, 2014-2016 (Brazil)

### **Postdoctoral Researchers**

1. Leonel Villa-Caballero, MD (5/07-6/08)
2. Christina Holub, Ph.D. (11/09-11/12)
3. Adrian Chavez, Ph.D. (8/15-5/16)
4. Nanette Lopez, Ph.D. (8/16-8/18)
5. Tanya Benitez, Ph.D. (9/17-9/18); T32 Sponsor
6. Natalie Yarish (Golaszewski), Ph.D. (9/22- present); K01 co-mentor
7. Taynara Formagini Farag, Ph.D. (9/22-present); T32 Sponsor

### **Junior Faculty**

1. Leonor Corsino, MD (9/12-9/13)
2. Barbara Baquero, Ph.D. (1/13-1/15)
3. Kelsey Dickson, Ph.D. (1/20-present)
4. Jessica Mccurley, Ph.D. K01 & NIH FIRST mentor (8/22-present)

5. Ashleigh Johnson, Ph.D. K01 mentor (1/23-present)

**CLINICAL EXPERIENCE**

**Psychology Clinic – San Diego State University** **8/21-present**  
*Directors: C. Chlebowski, Ph.D.*  
Clinical Co-Supervisor

**Psychology Clinic – San Diego State University** **8/05-7/06**  
*Directors: R. Schulte, Ph.D., E. Klonoff, Ph.D., 6 hours a week*  
Clinical Supervisor

**Center for Pain and Palliative Medicine, Burn Center, Spinal Cord Injury Unit, Smoking Cessation Clinic, Center for Transplantation -- University of California, San Diego and Veterans Affairs Medical Center, La Jolla** **8/03-7/04**  
Psychology Intern  
*Supervisors: M. Myers, Ph.D., T. Rutledge, Ph.D., S. Hickman, Ph.D., and M. Norman, Ph.D., 40 hours per week*

**Psychology Clinic -- Duke University** **8/01-7/02**  
Clinic Coordinator  
*Supervisors, R. Batson, M.D. and S. Roth, Ph.D., 10 hours per week*

**Duke Family Studies Clinic -- Duke University Medical Center** **8/01-7/02**  
Psychology Trainee  
*Supervisor, J. Compton, Ph.D., 12 hours per week*

**Treatment Outcome Study on Dialectical Behavior Therapy (DBT) -- Duke University Medical Center** **8/01-7/02**  
Therapist  
*Supervisor, J. Compton, Ph.D., 4 hours a week*

**John Umstead Hospital (Rehabilitation Unit)** **1/01-8/01**  
Psychology Trainee  
*Supervisors, T. Guthrie, Ph.D. and S. Flanagan, Ph.D., 10 hours a week*

**Dialectical Behavioral Therapy -- Duke University Medical Center** **8/99-12/00**  
Therapist  
*Supervisors, C. Robins, Ph.D. and Thomas R. Lynch, Ph.D., 12 hours a week*

**Advanced Psychology Clinic Team -- Duke University** **1/00-6/00**  
Therapist  
*Supervisor, S. Roth, Ph.D., 4 hours a week*

**Neuropsychological Assessment Lab -- Duke University Medical Center** **6/99-8/99**  
Neuropsychology Technician  
*Supervisor, P. Logue, Ph.D., 16 hours a week*

**SERVICE AND LEADERSHIP**

San Diego State University  
 2023 Reviewer, JDP Diversity Fellowship Awards

2022	NIH Common Fund's Faculty Institutional Recruitment for Sustainable Transformation (FIRST) board member
2019-present	Cancer Convergent Research (CoRe), Steering Committee Member
2021-2023	Admissions committee member, Masters Program, Psychology
2021-2023	Admissions committee member, Joint Doctoral Program in Behavioral Medicine, Psychology
2020	Interim Co-Director of Joint Doctoral Program in Health Behavior
2020	Committee member, Vice President of Research Affairs search
2019	Committee member, Health Promotion search
2019-20	Committee member, Dissemination and Implementation search
2016-18	Member, personnel committee (Graduate School of Public Health)
2016-17	Chair, search committee for Cancer Epidemiology
2014	Committee member, Arts and Letters Dean Search
2012	Committee member, San Diego State University Global Health Faculty Search
2009-present	Graduate School of Public Health, admissions committee
2008-10	Graduate School of Public Health, Curriculum and Joint Public Health/Latin American Studies representative
2008-15	Student Research Symposium Judge
2008-09	Student Research Symposium Committee member, San Diego State University
2009	Inamori Fellowship Reviewer, San Diego State University

## University of California, San Diego

2018	Dissemination & Implementation summit committee member (DISC)
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## National Physical Activity Network

2022	Chair, Faith-based sector
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**Local and National scientific service**

2010	Resident Leadership Academy External Review Committee member (San Diego)
2015-present	Howell Foundation, small grants reviewer (San Diego)
2013	University of Washington, Seattle; Environmental Health small grants reviewer

**REVIEW PANELS, RESEARCH AND ADVISORY COMMITTEES****National Review Committees**

10/12/06	<i>Add hoc</i> reviewer, Community Level Health Promotion, National Institute of Health
5/11/07	Active Living Research, Robert Wood Johnson Foundation
6/17/08	Active Living Research, Robert Wood Johnson Foundation
9/22/09	<i>Add hoc</i> reviewer, Community Level Health Promotion, National Institute of Health
5/16/09	Special panel review, Challenge Grants, National Institute of Health
9/02/11	Gretchen Swan Center for Nutrition,
5/30/13	<i>Add hoc</i> reviewer, Psychosocial Risk and Disease Prevention, National Institute of Health
1/30/13	<i>Add hoc</i> reviewer, American Cancer Society, Cancer Control and Prevention: Psychosocial and Behavioral Research committee.
9/29/14	<i>Add hoc</i> reviewer, Psychosocial Risk and Disease Prevention, National Institute of Health
3/18/15	F31 diversity fellowships reviewer (NCI)
6/28/17	<i>Special review panel</i> , Designated Cancer Centers and Institutions serving underserved health disparity populations (P20 & U54), special review committee,
2/12/18	<i>Add hoc</i> reviewer, Community-Level Health Promotion (CLHP) grant review group.
10/15/18	<i>Add hoc</i> reviewer, Community-Level Health Promotion (CLHP) grant review group.
2/21/19	<i>Add hoc</i> reviewer, RPHB-W (02), Special Emphasis panel

- 3/14/19 *Add hoc* reviewer, Feasibility Studies to Build Collaborative Partnerships in Cancer Research (P20)
- 9/1/19-Present Standing member. Health Promotion in Communities (formerly known as the Community-Level Health Promotion (CLHP))
- 12/9-10/19 Reviewer, Cancer Prevention and Research Institute of Texas

### Local Review Committees

- 5/8/08 Cancer Center Grant reviewer
- 3/31/20 JumpStart, College of Health and Human Services grant reviewer

### National Advisory & Research Panels

- 2007-2010 Salud America, Latino Cancer Network committee member
- 2009-2010 Physical activity measurement workshop planning committee member, NIH
- 2013 Family Life, Activity, Sun, Health, and Eating (FLASHE) study reviewer, NIH
- 2017 Training Institute on Dissemination and Implementation Research (TIDIRH), application reviewer
- 2018 National Physical Activity Plan—Advisory Panel (Faith based Sector)

### External Reviewer or Committee Member or Tenure, Promotion, and Renewal

- 8/2013 University of Washington
- 12/2014 University of Texas Houston Health Science Center

### State Advisory Board

- American Cancer Society
- 2007-2009 Evaluation and Outcomes Committee member
- 2005-2009 Ambassador, 2005

## NATIONAL PROFESSIONAL SOCIETY RESPONSIBILITIES

### Society of Behavioral Medicine,

- 4/1/23-2/15/23 Mentor
- 3/5/20 Best practices for navigating tenure and promotion webinar
- 2019-present Member council committee member
- 2017-2019 Genomics Working groups
- 2017-2019 Diversity Working group
- 2016- 2019 Member Delegate
- 2004-present Abstract reviewer
- 2016-2017 Nominations committee member
- 2007-2008 Diversity Program Track Chair
- 2008 Local Arrangements Committee

### Academy Health

- 2017 10th Annual Conference on the Science of Dissemination and Implementation in Health, abstract reviewer
- 2018 11<sup>th</sup> Annual Conference on the Science of Dissemination and Implementation in Health, abstract reviewer
- 2019 Training Institute on Dissemination and Implementation Research in Cancer (TIDIRC), application reviewer

## OTHER PROFESSIONAL RESPONSIBILITIES

**Ad hoc Journal Reviewer**

Health Psychology – Consulting editor (2/2023-present)

Journal of Behavioral Medicine

Translational Journal of the American College of Sports Medicine, May 2018

Journal of the National Medical Association

American Journal of Preventive Medicine

Health Education and Research

Annals of Behavioral Medicine

Salud Pública de Mexico

Physical Activity and Mental Health

Journal of School Health

Mental Health and Physical Activity

Pediatric Obesity

Medicine and Science in Sports Exercise

American Journal of Public Health