## **SYLLABUS**

Psychology 351
Psychology of Personality
Spring 2008
LS 111 MWF 8:00 - 8:50

Instructor: Jeannine Feldman, Ph.D.

Office Hours: By appointment

Telephone: (619) 462-9549 (private office)

E-mail: murraybf@n2.net

<u>Course Description:</u> The goal of this course is to acquaint you with the major theories of human personality development and assessment. I will present a series of lectures and videos providing an overview of these theories. This course is focused on normal personality development and is not intended to be a study of personality disorders, though these may be discussed in the context of variations in personality style. There will be material presented in class which will not be in your textbook, so it will be important to attend class and take notes. The following textbook has been assigned as an optional text:

Cloninger, S. (2008). <u>Theories of Personality</u>, 5<sup>th</sup> <u>Edition</u>. Prentice Hall.

There is a required student packet, which includes terminology and lecture outlines.

Grades will be computed as follows: There will be two in-class midterms, each worth 100 points. There will be a comprehensive final (worth 200 points). The final and the midterms will include a combination of true/false, multiple choice, and short-answer questions, and will include material from both lectures and the assigned text. Extra credit assignments may be given in class at my discretion. Grading is as follows:

370-400 = A

355-369 = A-

345-354 = B+

315-344 = B

305-314 = B-

295-304 = C+

265-294 = C

255-264 = C-

240-254 = D

<240 = F

We	eek		Reading
1	1/23	Introduction and class requirements	
	1/25	What is personality and why do we need a theory? History of personality theory	Chap. 1
2	1/28	Research methods	Chap. 1
	1/30-2/1	Psychoanalytic theory - Freud	Chap. 2
3	2/4	Psychodynamic processes	
	2/6	Video - Dream Analysis	
	2/8	Psychodynamic Assessment	
4	2/11	Video - Psychodynamic assessment	
	2/13-15	Other psychodynamic theorists	Chap. 3,4,5,6
5	2/18	Other psychodynamic theorists	
	2/20	Review	
	2/22	Midterm #1	
7	2/25-27	Phenomenological theories	Chap. 13,14,15
	2/29	Video - Carl Rogers	
8	3/3	Assessment in phenomenology	
	3/5-7	Trait theories	Chap. 7,8
9	3/10-14	Assessment of individual differences	
10	3/17	Video - Intelligence Testing	
	3/19	Review	
	3/21	Midterm #2	
11	3/24-26	Behavioral approaches	Chap. 10,11
	3/28	Assessing behavior	

## SPRING BREAK

12	4/7	Assessing Behavior	
	4/9	Changing Behavior	
	4/11	Cognitive Theory	Chap. 12
13	4/14	Cognitive Theory	
	4/16	Video - The Self	
	4/18	Self Control	
14	4/21-23	Biology of Personality	Chap. 9
	4/25	Video - Gender and Personality	
15	4/28	Feminist theory, integrative theory	Chap. 17
	4/30-5/2	Video review of all theories	
16	5/5-7	Review	
	5/9	Q & A session	

FINAL 5/12/08 8:00-10:00