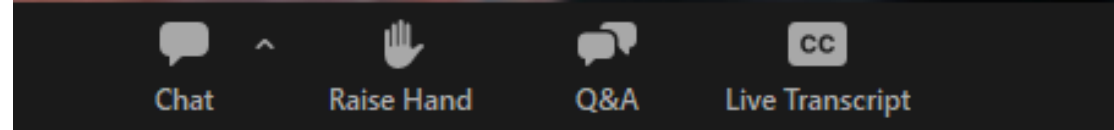




# SDSU/UC San Diego Joint Doctoral Program in Clinical Psychology

Program Overview

# Webinar Features



- **Raise Hand:** Please post all questions in the Q&A.
- **Q&A:** You can post questions here.
- **Live Transcript:** Click this option to turn on the live transcription feature.

# Greetings from San Diego!



# Welcome from Program Leaders



Co-Directors



BMED Co-Leaders



NP Co-Leaders



Associate Co-Directors



EP Co-Leaders



Clinic Director &  
Practicum Coordinator

# Program Administration Team



Program Coordinator  
(SDSU)

- Tania Montano



Program Coordinator  
(UC San Diego)

- Kate Gutierrez



SDSU Psychology Clinic  
Coordinator

- Emon Downhour



# Clinical Science Program Goal

- Provide outstanding education and training **to scientifically oriented research professionals**, who will subsequently make significant contributions to the field of clinical psychology in their areas of specialization.



# A Little History

- Founded in 1985
- SDSU Psychology (academic psychology) + UC San Diego Psychiatry (medical school)
- First accredited by the American Psychological Association (APA) in 1990
- Received 10yr accreditation as a result of the 2024 APA site visit

PROPOSAL FOR A JOINT DOCTORAL PROGRAM  
A PH.D. IN CLINICAL PSYCHOLOGY  
between  
DEPARTMENT OF PSYCHIATRY  
UNIVERSITY OF CALIFORNIA, SAN DIEGO SCHOOL OF MEDICINE  
and  
DEPARTMENT OF PSYCHOLOGY  
SAN DIEGO STATE UNIVERSITY

March 1984

Joint Ph.D. Conference Committee:

UCSD

I. Grant, M.D.\*  
E. Kremer, Ph.D.  
A. Lein, M.D., Ph.D.  
D. Lapidus, Ph.D.  
N. Penn, Ph.D.  
G. Reynolds, Ph.D.  
R. Ruff, Ph.D.  
L. Squire, Ph.D.  
L. Storms, Ph.D.  
P. Tallal, Ph.D.

SDSU

A. Litrownik, Ph.D.\*\*  
R. Kaplan, Ph.D.  
R. Schulte, Ph.D.

\*Conference Committee Chair &  
Contact Person, UCSD:  
Psychiatry (M-003)  
UCSD School of Medicine  
La Jolla, CA 92093

\*\*Contact Person, SDSU:  
Department of Psychology  
San Diego State University  
San Diego, CA 92182-0350

# Joint Program Administration

## Co-Directors

- V. Robin Weersing, SDSU
- David J. Moore, UC San Diego

## Associate Co-Directors

- Aaron Blashill, SDSU
- Tamara Wall, UC San Diego

## “Track” Leaders

- **Behavioral Medicine (BMed)**
  - Kristen Wells, SDSU
  - Cinnamon Bloss, UC San Diego
- **Experimental Psychopathology (EP)**
  - May Yeh, SDSU
  - Charlie Taylor, UC San Diego
- **Neuropsychology (NP)**
  - Sarah Mattson, SDSU
  - Joanna Jacobus, UC San Diego

# Capitalizing on Resources of a Joint Program

- **Department Rankings**

- SDSU's Psychology Department was ranked #11 nationally in NIH funding to Departments of Psychology (\$9.488 million); it was ranked #1 in California compared to Departments of Psychology at all other private/public universities in the state.
- UC San Diego's Department of Psychiatry was ranked #3 nationally in NIH funding to Departments of Psychiatry (\$61.188 million). Core JDP faculty ranked in the top 100 NIH-funded researchers in the country in Departments of Psychiatry

- **Faculty**

- Total number of faculty: 201
- Number of core faculty: 65
- Number of SDSU core faculty: 28
- Number of UCSD core faculty: 37

# Collaboration Through Research Centers & Training Programs

## Research Centers

- HealthLINK (NIMHHD)
- Child & Adolescent Services Research Center
- IN STEP Children's Mental Health Research Center (NIMH P50)
- South Bay Latino Research Center
- Center for Medicinal Cannabis Research (CMCR)
- Eating Disorders Treatment and Research Program
- HIV Neurobehavioral Research Program (HNRP)
- SDSU Imaging Center
- Center for Autism & Developmental Disorders
- Institute for Behavioral & Community Health
- Center for Clinical & Cognitive Neuroscience
- Center for Research on Sexuality & Sexual Health
- Center for Behavioral Teratology
- Center for Research on Math & Science Education
- Dissemination and Implementation Science Center (DISC)

## NIH-Funded T32 Training Programs

- Alcohol Research in the Science/Practitioner Model (NIAAA)
- Geriatric 4Mental Health (NIMH)
- Training in Research on Addictions in Interdisciplinary NeuroAIDS (TRAIN) (NIDA)
- Integrated Cardiovascular Epidemiology

## HRSA-Funding Interdisciplinary Training Program

- San Diego Leadership Education in Neurodevelopmental and Related Disabilities (LEND)

# Capitalizing on Resources of a Joint Program: UC San Diego Department of Psychiatry

## Our Mission

Our mission is to advance and transform behavioral health through groundbreaking research, compassionate patient care, and renowned education.

## Our Vision

Our vision is to revolutionize mental healthcare by empowering individuals to access transformative care without barriers or stigma.

## Our Values

Our shared values are to drive innovation, nurture an inclusive environment, and deliver service excellence.

- 17 Research Centers
- 33 Labs
- 11 Training Programs
- Clinical services through UC San Diego Health, VASDHS, and Rady Children's

*Opportunity for interdisciplinary training through advanced practicum clinical rotations at VASDHS, UC San Diego Health, and Rady Children's Hospital and through research labs and centers.*

# Capitalizing on Resources of a Joint Program: SDSU Department of Psychology

- University Designations
  - Federally designated Hispanic Serving Institution (HSI)
  - Asian American Native American Pacific Islander-Serving Institution (AANAPI)
- Opportunities for teaching and mentoring of MA, MS, and undergraduate students
- MS/MA Psychology Programs
  - Physical/Mental Health; Quantitative Methods; I/O; Behavioral & Cognitive Neuroscience, Cognitive, Developmental, Social
- LGBTQ+ Studies

# Key Elements of the Program

- Mentored research experience
  - second-year project
  - dissertation
- Guidance committee
- Coursework
- Proseminars
- Practicum training (starting 2nd year)
- Comprehensive exams
- APA-accredited clinical internship
- Optional:
  - Quantitative emphasis
  - Child & Adolescent Psychopathology emphasis
  - LEND (Leadership Education in Neurodevelopmental and Related Disabilities)
  - Opportunities to teach or supervise

# Mentored Research Experience

- Role of mentor
  - Provide regular research mentoring and serves as dissertation chair
  - Provide academic mentoring and evaluation and serves as chair of guidance committee
  - Provide opportunities for research experience and products in their lab for 20 hours per week
  - Fund student according to university policies for 5 years

# Mentored Research Experience continued

- Training provided by:
  - Identified faculty mentor(s)
  - Local collaborators (academic, community)
  - Research centers
  - National and international collaborators
  - Lots of interest in/attention to diversity/culture
- Program requirements:
  - Second-year project
  - Dissertation (options: traditional, 3-paper)
- Program goals/expectations:
  - Lots of publications, presentations, and grants!

# Guidance Committee

- Made up of 3 faculty members
  - At least 1 representative of each university
  - At least 1 of whom is clinically trained
- Committee meets annually and as needed
- Oversees second-year project

# Coursework

- Research Methods & Statistical Analysis
- Assessment
- Psychopathology & Interventions
- History & Ethics
- Cultural/Diversity
- Cognitive/Affective & Social/Developmental
- Physiological or Mind, Brain, & Behavior I
- Mind, Brain, & Behavior II (Psychiatry)
- Proseminars . . .

# Proseminars

- Behavioral Medicine (2 semesters)
  - Assessment & Intervention
  - Systematic Review; Grant Proposal
- Experimental Psychopathology (2 semesters)
  - Research Methods (Grant Proposal)
  - Developmental Psychopathology (Systematic Review)
- Neuropsychology (3 quarters)
  - Assessment of Neuropsychological Domains
  - Assessment of Neuropsychological Functioning in Specific Disorders
  - Clinical Interpretation of Neuropsychological Assessment Results

# Clinical Training – SDSU Psychology Clinic

- Training facility for JDP students working under the supervision of licensed SDSU and UC San Diego faculty
  - Colby Chlebowski (Director)
- All 2nd year JDP students complete year-long practicum; advanced students provide peer supervision
- Supervision consists of live observation or digital recording of sessions and weekly supervision meetings
- Community serving clinic with sliding fee scale
- Specializes in the delivery of evidence-based services for wide range of presenting problems
- Services
  - Individual & group therapy
  - Child & family therapy
  - Evaluation & testing for adults and children



# Advanced Practicum Training Sites

Advanced practicum (students in 3rd year and beyond) are completed at partnered university and health care systems.

Placements are available across tracks; child and adult focused placements are available.

Sample offerings shared below.

## **Rady Children's Hospital**

### Neuropsychology

- Developmental Screening and Enhancement Program (DSEP)
- Developmental Evaluation Clinic (DEC)
- Autism Discovery Institute

### Behavioral Medicine

- Medical Behavioral Unity
- Pediatric Psychology

### EP

- Outpatient Psychiatry Clinic

## **San Diego State University**

### Neuropsychology

- Center for Autism

### EP

- Center for Understanding and Treating Anxiety (CUTA)
- Healthy Early Years Clinic

## **UC San Diego Health System**

### Neuropsychology

- Cognitive Medicine Group
- Center for Brain Health and Memory Disorders
- Movement Disorders Clinic

### Behavioral Medicine

- Regional Burn Center
- Eating Disorder Center
- Behavioral Sleep Medicine Clinic

### EP

- Psychiatry Consultation Liaison
- CARE Early Psychosis Treatment

## **VA San Diego Healthcare System**

### Neuropsychology

- Neuropsychological Assessment Unit
- Kearny Mesa Neuropsychological Services

### Behavioral Medicine

- Behavioral Medicine Clinic
- Dual Diagnosis Recovery Program (DDRP)
- Outpatient Eating Disorders and Mind-Body Interventions
- Primary Care Mental Health Integration

### EP

- Community Based Outpatient Clinic
- Mental Health Patient Assessment and Triage Hub
- Inpatient Psychology Services
- Mood Disorders Clinic
- PTSD Clinical Team
- Suicide Prevention Team

# Comprehensive Exams

- Major Area of Emphasis
  - Behavioral Medicine
  - Experimental Psychopathology
  - Neuropsychology
- Clinical Comprehensive Examination
  - Standardized Patient format
  - Integrated Report

# APA-accredited Clinical Internship (99% match rate)

- Allegheny General Hospital
- Baylor College of Medicine/Texas Children's Hospital Psychology Internship
- Brown University
- Central Texas Veterans Health Care System
- Charleston Area Medical Center/WVU
- Charleston Consortium Psychology Internship Program
- Child Development and Rehabilitation Center, Oregon Health & Science University
- Corporal Michael J. Crescenz VA Medical Center
- Edmonton Consortium Clinical Psychology Residency
- Emory University School of Medicine Internship in Health Service Psychology
- Franciscan Children's Behavioral Health Services
- Harvard Medical School/Massachusetts General Hospital
- Henry Ford Health Sciences Center
- Long Island Jewish Medical Center - The Zucker Hillside Hospital
- Lucile Packard Children's Hospital Stanford
- Medical College of Georgia/Charlie Norwood VAMC Psychology Internship
- Mid Atlantic Internship Consortium
- Pacific University, Oregon - Pacific Psychology and Comprehensive Health (PCH) Clinics
- Portland VA Medical Center
- Rush University Medical Center
- San Francisco VA Health Care System
- Sharp Healthcare
- Southwest Consortium Doctoral Internship in Health Service Psychology
- The Kennedy Krieger Institute/Johns Hopkins School of Medicine
- The University of Chicago Medicine
- UAB-BVAMC Clinical Psychology Internship Consortium
- UCLA Semel Institute for Neuroscience and Human Behavior
- University of California, Davis-Children's Hospital
- University of California, San Diego/VA San Diego Healthcare System
- University of California, San Francisco School of Medicine
- University of California, San Francisco/Department of Psychiatry
- University of Colorado School of Medicine
- University of Florida Health Science Center
- University of Illinois at Chicago - Dept. of Psychiatry
- University of Washington School of Medicine
- VA Long Beach Healthcare System
- VA New York Harbor Health Care System - Manhattan Campus
- VA Palo Alto Health Care System
- VA Pittsburgh Healthcare System
- Veterans Affairs Palo Alto Health Care System
- Veterans Affairs Puget Sound Health Care System - Seattle Division
- West Los Angeles VA Healthcare System
- Yale University School of Medicine

# Quantitative Emphasis

- Optional
- Required Coursework
  - Research Methods (2 courses - ANOVA, regression models)
  - Multivariate
- PLUS two additional courses
  - Multi-level modeling
  - Another doctoral-level course

# Child & Adolescent Psychopathology Emphasis

- Formal recognition of experience child/adolescent-focused students receive and expertise they develop
- 3 areas:
  - Research expertise
    - pubs, 2nd year project, dissertation, comp exam, grant
  - Clinical expertise
    - 2 practica
  - Specialized coursework (1)
    - Developmental Psychopathology
    - Leadership Education in Neurodevelopmental and Related Disabilities (LEND) Program

# Opportunities to Teach or Supervise

- TA for doctoral classes
  - Assessment
  - Interventions
  - Quantitative Methods
  - Multivariate
- Instructor of record for undergraduate classes at SDSU and UC San Diego
- Clinic Coordinator
- Co-supervise in clinical practica

# Financial Support

- Basic Package (Mentor-based)

- Tuition & Fees
- Health Insurance
- Minimum compensation
  - 10/1/25-9/30/26 - \$35,947.50
- Primary Sources of support
  - Employment
    - Research staff on mentor grants
    - Administrative supplements on mentor grants
    - Teaching assistantships
  - Training Programs
    - NIH T32s
  - Fellowships
    - NIH F31s
    - University & Foundation Fellowships

- Supplemental Support

- Travel grants from both universities
- University and other fees (e.g., Dissertation proposal, graduation, internship application)
- Emergency funding from both universities
- Student loans



# Student Service

UCSD Graduate and Family Housing Community Assistant  
JDP Doctoral Interview Committee  
Guest speaker for PSY201, San Diego State University (Dec 2024) **Moishe House**  
UCSD Academic Integrity Review Board II, Graduate Student Member  
Viaje Interinstitucional de Integracion, Docente, Asistencial y de investigacion  
**ConnectMed** **Surfrider Foundation** **Make-A-Wish**  
Admissions Selection Committee, JDP  
San Diego Mesa College Research Conference Judge  
East County Animal Rescue **Father Joe's Villages** Berkeley Community Scholars Program  
San Diego Mesa College Careers in Psychology Course (Psy201) Research Presentation  
2024 National LGBTQ Health Conference  
San Diego community outreach events for autism and disabilities  
National Academy of Neuropsychology  
Outreach at North County African American Association Annual Conference  
San Diego County Foster Youth Mentor Program  
Outreach at George L. Stevens Senior Center **Community Outreach Rogers Behavioral Health** Student host for Al Litrownik scholar visitation  
Mesa College Student Health Center Outreach  
2025 American Academy of Health Behavior Abstract Reviewer  
Association of Neuropsychology Students and Trainees (ANST)  
**LGBT Center of San Diego** **Spectrum Sailing** **Research Girl**  
UC San Diego Discover the Law Program  
Special Olympics **UCSD Basic Needs Committee** **Banding Together**  
INS Neuropsychological Interventions Special Interest Group Student Representative  
Tufts Admissions Network **UC San Diego Academic Integrity Review Board** Project SHORT mentor  
Peer Reviewer for Cognitive, Affective, and Behavioral Neuroscience Journal  
Advocated for Imperial Valley to Congressmen Ruiz  
Hillel San Diego **MOVE! Weight Management – VASDHS**  
Talk & Outreach at Diverse Research Meet  
**Justice, Equity, Diversity, and Inclusion (JEDI)**  
Leadership Education in Neurodevelopmental Disabilities (LEND) Program  
**Harm Reduction - International Health Collective (IHC)**  
**SDSU Advancing Diversity in Aging Research**  
National Alliance on Mental Illness (NAMI)  
National Hispanic/Latino Cardiovascular Collaborative  
Mentor to Undergraduate- and Masters-level students  
Trans Masculine Discussion Group (San Diego LGBT Center), Group Facilitator  
Guest speaker for PSY116 UC San Diego (Jan 2025)  
San Diego Angels Hockey Coach  
UCSF DPBS Diversity Committee  
**Padre Vilson Groh Instituto (Brasil)**  
**APA Division 38 - Society for Health Psychology Consultation/Liaison Psychology Interest Group**  
**New2Neuropsychology** **Autism Society San Diego** **Spanish Support Group**  
Psychosis and Schizophrenia Spectrum Disorder special interest group through ABCT



# Student Life



# Student Life



# JDP Admissions

- <https://psychology.sdsu.edu/doctoral/clinical/>
- Selection Process
- What We Consider for a Competitive Application
- How to Apply
- Faculty Mentorship
- Financial Support
- Admission FAQs
- Student Admissions, Outcome, and Other Data

# Application Deadlines & Process

- **Deadlines For Fall 2026:**
- **October 31, 2025:** Recommended deadline to complete SDSU Cal State Apply Application
  - **\*Note:** Applicants are **required to submit the Cal State Apply Application BEFORE** they can access the Supplemental Program Application. Within 72 hours of submitting your initial application to Cal State Apply, you will receive an email with a personalized link to Slate to submit your program application.
- **November 3, 2025 (11:59 PM Pacific Time):** Cal State Apply\* AND Supplemental Program Application Deadline (including letters of recommendation)
- **December 15, 2025:** Deadline to Submit Transcripts to SDSU
- **Mid-January 2026:** Interview Offers Extended (Note: You will be notified by email either way)
  - ***Apply to UC San Diego:*** Those extended an interview will be prompted to complete the UC San Diego application.
- **February 9 & 10, 2026:** Two-Day **ONLINE** Interview Process

# Holistic Review: What We Consider for a Competitive Application

- Research Experience
- Preparatory Coursework
- Fit with a Faculty Member's Interests
- GPA
- Statement of Purpose
- Letters of Recommendation
  
- *GREs will NOT be considered*

# Thanks for your attention!

For questions, please email the program at: [psycjdp@sdsu.edu](mailto:psycjdp@sdsu.edu)

