



SDSU/UC San Diego Joint Doctoral Program in Clinical Psychology

Applicant Information Session

9/9/2023



Greetings from San Diego!



Clinical Science Program Goal

- Provide outstanding education and training **to scientifically oriented research professionals**, who will subsequently make significant contributions to the field of clinical psychology in their areas of specialization.



A Little History

- Founded in 1985
- SDSU Psychology (academic psychology) + UC San Diego Psychiatry (medical school)
- First accredited by the American Psychological Association (APA) in 1990
- Continuously accredited through 2023

PROPOSAL FOR A JOINT DOCTORAL PROGRAM

A PH.D. IN CLINICAL PSYCHOLOGY

between

DEPARTMENT OF PSYCHIATRY

UNIVERSITY OF CALIFORNIA, SAN DIEGO SCHOOL OF MEDICINE

and

DEPARTMENT OF PSYCHOLOGY

SAN DIEGO STATE UNIVERSITY

March 1984

Joint Ph.D. Conference Committee:

UCSD

I. Grant, M.D.*
E. Kremer, Ph.D.
A. Lein, M.D., Ph.D.
D. Lapidus, Ph.D.
N. Penn, Ph.D.
G. Reynolds, Ph.D.
R. Ruff, Ph.D.
L. Squire, Ph.D.
L. Storms, Ph.D.
P. Tallal, Ph.D.

SDSU

A. Litrownik, Ph.D.**
R. Kaplan, Ph.D.
R. Schulte, Ph.D.

*Conference Committee Chair &
Contact Person, UCSD:
Psychiatry (M-003)
UCSD School of Medicine
La Jolla, CA 92093

**Contact Person, SDSU:
Department of Psychology
San Diego State University
San Diego, CA 92182-0350

Joint Program Administration

Co-Directors

- Vanessa Malcarne, SDSU
- Lauren Brookman-Frazeo, UC San Diego

Associate Co-Directors

- V. Robin Weersing, SDSU
- Tamara Wall, UC San Diego

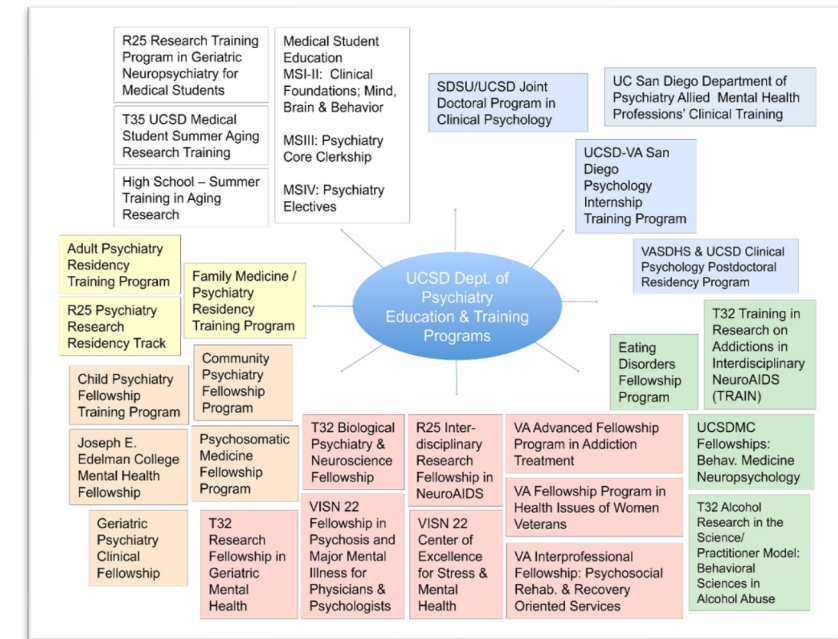
“Track” Leaders

- **Behavioral Medicine (BMed)**
 - Kristen Wells, SDSU
 - Neal Doran, UC San Diego
- **Experimental Psychopathology (EP)**
 - May Yeh, SDSU
 - Charlie Taylor, UC San Diego
- **Neuropsychology (NP)**
 - Sarah Mattson, SDSU
 - David Moore, UC San Diego

Capitalizing on Resources of a Joint Program: UC San Diego Department of Psychiatry

350 trainees across 30 formal training programs

- Psychiatry residency and fellowship programs
- Nurse practitioner training program
- Interdisciplinary research fellowships
- Medical students
- Undergraduate student interns
- APA-Accredited Psychology Programs
 - SDSU/UCSD JDP in Clinical Psychology
 - VASDHS/UCSD Psychology Internship Program
 - VASDHS/UCSD Clinical Psychology Postdoctoral Residency Program
 - VASDHS/UCSD Neuropsychology Postdoctoral Residency Program
 - VASDHS/UCSD Psychology Clinical Research Postdoctoral Residency Program



Opportunity for interdisciplinary training through advanced practicum clinical rotations at VASDHS, UC San Diego Health, and Rady Children's Hospital and through research labs and centers.

Capitalizing on Resources of a Joint Program: SDSU Department of Psychology

- University Designations
 - Federally designated Hispanic Serving Institution (HSI)
 - Asian American Native American Pacific Islander-Serving Institution (AANAPI)
- Opportunities for teaching and mentoring of MA, MS, and undergraduate students
- MS/MA Psychology Programs
 - Physical/Mental Health; Quantitative Methods; I/O; Behavioral & Cognitive Neuroscience, Cognitive, Developmental, Social
- SDSU Graduate School of Public Health
 - MPH Option
- LGBTQ+ Studies

Collaboration Through Research Centers & Training Programs

Research Centers

- HealthLINK (NIMHHD)
- Child & Adolescent Services Research Center
- IN STEP Children's Mental Health Research Center (NIMH P50)
- South Bay Latino Research Center
- Center for Medicinal Cannabis Research (CMCR)
- Eating Disorders Treatment and Research Program
- HIV Neurobehavioral Research Program (HNRP)
- SDSU Imaging Center
- Center for Autism & Developmental Disorders
- Institute for Behavioral & Community Health
- Center for Clinical & Cognitive Neuroscience
- Center for Research on Sexuality & Sexual Health
- Center for Behavioral Teratology
- Center for Research on Math & Science Education
- Dissemination and Implementation Science Center (DISC)

NIH-Funded T32 Training Programs

- Alcohol Research in the Science/Practitioner Model (NIAAA)
- Geriatric 4Mental Health (NIMH)
- Training in Research on Addictions in Interdisciplinary NeuroAIDS (TRAIN) (NIDA)
- Advanced Data Analytics for Behavioral and Social Sciences
- Integrated Cardiovascular Epidemiology

HRSA-Funding Interdisciplinary Training Program

- San Diego Leadership Education in Neurodevelopmental and Related Disabilities (LEND)

JDP by the numbers

76 (10) - *number of students (on internship)*

764 - *applications last year*

6% - *granted interviews*

12 - *is the average cohort size*

3 - *tracks*

180 (62) - *# of student publications last year (first-authored)*

12 - *publications on average at time of internship*

25% - *of our students have their own grant funding*

33 - *is the number of practicum sites*

6 (5-7) - *mean/median/mode number of years to complete the program (range of 5-7)*

71/59/0/327 - *average daily high temperature of San Diego/average daily low/# of snow days/# of sunny days*



Key Elements of the Program

- Mentored research experience
 - second-year project
 - dissertation
- Guidance committee
- Coursework
- Proseminars
- Practicum training (starting 2nd year)
- Comprehensive exams
- APA-accredited clinical internship
- Optional:
 - Quantitative emphasis
 - Child & Adolescent Psychopathology emphasis
 - MPH
 - Opportunities to teach or supervise

Mentored Research Experience

- Training provided by:
 - Identified faculty mentor(s)
 - Local collaborators (academic, community)
 - Research centers
 - National and international collaborators
 - Lots of interest in/attention to diversity/culture
- Program requirements:
 - Second-year project
 - Dissertation (options: traditional, 3-paper)
- Program goals/expectations:
 - Lots of publications, presentations, and grants!

Guidance Committee

- Made up of 3 faculty members
 - At least 1 representative of each university
 - At least 1 of whom is clinically trained
- Committee meets annually and as needed
- Oversees second-year project

Coursework

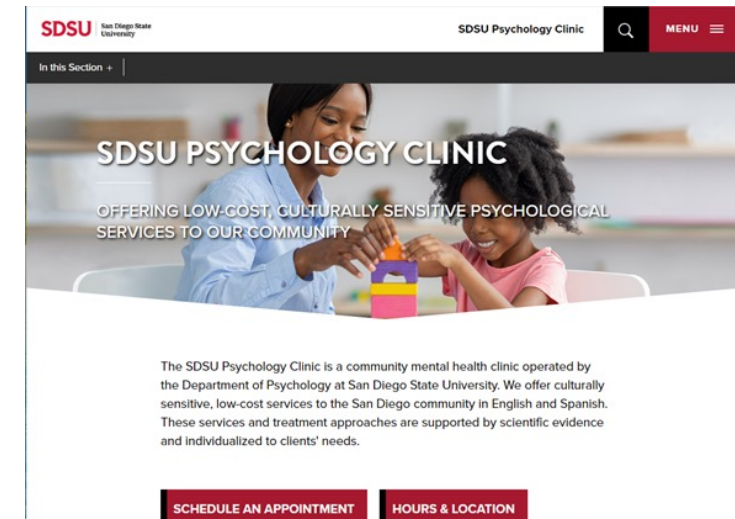
- Research Methods & Statistical Analysis
- Assessment
- Psychopathology & Interventions
- History & Ethics
- Cultural/Diversity
- Cognitive/Affective & Social/Developmental
- Physiological or Mind, Brain, & Behavior I
- Mind, Brain, & Behavior II (Psychiatry)
- Proseminars . . .

Proseminars

- Behavioral Medicine (2 semesters)
 - Assessment & Intervention
 - Systematic Review; Grant Proposal
- Experimental Psychopathology (2 semesters)
 - Research Methods (Grant Proposal)
 - Developmental Psychopathology (Systematic Review)
- Neuropsychology (3 quarters)
 - Assessment of Neuropsychological Domains
 - Assessment of Neuropsychological Functioning in Specific Disorders
 - Clinical Interpretation of Neuropsychological Assessment Results

Clinical Training – SDSU Psychology Clinic

- Training facility for JDP students working under the supervision of licensed SDSU and UC San Diego faculty.
 - Colby Chlebowski (Director)
- Supervision consists of live observation or digital recording of sessions.
- All 2nd year JDP students complete year-long practicum; advanced students provide peer supervision.
- Community serving clinic with sliding scale
- Specializes in the delivery of evidence-based services for wide range of presenting problems
- Services
 - Individual & group therapy
 - Child & family therapy
 - Evaluation & testing for adults and children



Advanced Practicum Training Sites

- **SDSU**
 - SDSU Psychology Clinic - Peer supervision
 - SDSU Psychology Clinic – Child Assessment
 - Center for Understanding and Treating Anxiety
 - Center for Autism and Related Disorders
- **VA San Diego Healthcare System**
 - Alcohol and Drug Treatment Program (ADTP)
 - Center Of Recovery Education (CORE)
 - Cognitive Rehabilitation Clinic
 - Community Living Center
 - Family Mental Health Program
 - General Mental Health (BHIP) - Mission Valley
 - Inpatient Psychology Services
 - Mission Valley VA Outpatient Clinic, Primary Care
 - Mood Disorders Program
 - Neuromodulation Clinic
- Neuropsychological Assessment Unit
- Oceanside Community Based Outpatient Clinic
- Outpatient Gero Clinic
- Polytrauma and Inpatient Psychology Services
- PTSD Clinical Team
- SARRTP PTSD Track
- Substance Abuse/Mental Illness (SAMI) Clinic
- VISN 22 Telemental Health Center
- Weight Control Clinic/Diabetes/Chronic Pain
- **UC San Diego Health System**
 - Behavioral Sleep Medicine Clinic
 - CARE Early Psychosis Treatment Center
 - Center for Brain Health and Memory Disorders
 - Delis Neuropsychological Clinic
 - Neuropsychological Assessment Clinic in Oncology at the Radiation Oncology PET/CT Center
- Eating Disorders Program for Treatment and Research
- Center for Brain Health and Memory Disorders
- Memory Aging and Resilience Center
- Hillcrest Medical Center Consultation-Liaison Psychiatry Service
- Pain Psychology Service
- Cognitive Medicine Group
- Regional Burn Center
- Owen Clinic – HIV Care Clinic
- Neuropsychological Associates
- Village Family Health Center
- **Rady Children's Hospital**
 - Autism Discovery Institute
 - Developmental Evaluation Clinic
 - Medical Behavioral Unit
 - Outpatient Psychiatry Clinic

Comprehensive Exams

- Major Area of Emphasis
 - Behavioral Medicine
 - Experimental Psychopathology
 - Neuropsychology
- Clinical Comprehensive Examination
 - Standardized Patient format
 - Integrated Report

APA-accredited Clinical Internship (99% match rate over past 10 years)

- Rush University Medical Center
- University of Chicago Medicine
- Harvard Med School/Mass General
- Harvard Med School/McLean
- UCLA Semel Institute
- UC San Francisco
- U Kansas Medical Center
- Ohio State Cancer Center
- Emory University/Grady Health System
- Allegheny General Hospital
- U Colorado School of Medicine
- Children's Hospital/Stanford
- Texas Child Study Center
- Edmonton Consortium (U Alberta/Alberta Hospital)
- Charleston Consortium (MUSC & Johnson VA)
- Southwest Consortium (UNM, VA New Mexico, Indian HS)
- UC San Diego/VA San Diego
- U Alabama/VA Birmingham
- VA San Francisco
- VA Long Beach
- VA Palo Alto
- VA Durham
- VA Puget Sound
- VA South Texas
- VA Central Texas
- VA West LA
- VA Boston
- VA Salem
- VA Maryland/U MD School of Medicine

Quantitative Emphasis

- Optional
- Required Coursework
 - Research Methods (2 courses - ANOVA, regression models)
 - Multivariate
- PLUS two additional courses
 - Multi-level modeling
 - Another doctoral-level course

Child & Adolescent Psychopathology Emphasis

- Formal recognition of experience child/adolescent-focused students receive and expertise they develop
- 3 areas:
 - Research expertise
 - pubs, 2nd year project, dissertation, comp exam, grant
 - Clinical expertise
 - 2 practica
 - Specialized coursework (1)
 - Developmental Psychopathology
 - Leadership Education in Neurodevelopmental and Related Disabilities (LEND) Program

MPH

- Granted through SDSU's Graduate School of Public Health
- Two options
 - Epidemiology
 - Health Promotion & Behavioral Science
- Additional requirements
 - Coursework
 - Empirical thesis

SAN DIEGO LEND

Leadership Education in Neurodevelopmental
and Related Disabilities

- Funded through a 5-year grant from the Health Resources and Services Administration (HRSA) and one of 60 LEND Programs Across the U.S.
- Interdisciplinary, year-long training program for graduate and postgraduate trainees, practicing professionals, family members, and autistic self-advocates to develop as leaders in autism and developmental disabilities (autism/DD).
- Focused on applying implementation science approaches to promote equity in access to evidence-based autism/DD services.
- Administered through the UC San Diego ACTRI Dissemination and Implementation Science Center and the Child and Adolescent Services Research Center in collaboration with San Diego State University and Rady Children's Hospital-San Diego.

Opportunities to Teach or Supervise

- TA for doctoral classes
 - Assessment
 - Interventions
 - Quantitative Methods
 - Multivariate
- Instructor of record for undergraduate classes at SDSU and UC San Diego
- Clinic Coordinator
- Co-supervise in clinical practica

Diversity

- Committees
 - JDP JEDI Committee
 - UCSD Psychiatry EDI Action Council
 - SDSU Psychology Diversity Committee
- Practicum
 - Diverse clientele/opportunities for training
- JDP Diversity Awards (totaling \$30,000)
- Research
 - Faculty interests
 - <https://clinpsyc.sdsu.edu/clinical-and-research-training/>
 - NIH-funded HealthLINK Transdisciplinary Health Disparities Research at SDSU (led by JDP faculty)
 - South Bay Latino Research Center (led by JDP faculty)
 - FUERTE hires in Latinx research
 - 2 new faculty

Financial Support

- Basic Package (Mentor-based)

- Tuition & Fees
- Health Insurance
- Stipend/Salary
 - Minimum for 23-24 is \$32,495
- Primary Sources of support
 - Employment
 - Research staff on mentor grants
 - Diversity Supplements on mentor grants
 - Teaching assistantships
 - Training Programs
 - NIH T32s
 - Fellowships
 - NIH F31s, NSFs
 - University & Foundation Fellowships

- Supplemental Support

- Travel grants from both universities
- University and other fees (e.g., Dissertation proposal, graduation, internship application)
- Emergency funding from both universities
- Student loans



Student Service





Student Life



Student Life



Foundation Fellowships

JDP Admissions

- <https://psychology.sdsu.edu/doctoral/clinical/>
- What We Consider for a Competitive Application
- Application Procedures
- Admission FAQs
- Financial Support
- Student Admissions, Outcome, and Other Data
- Contact Information

Application Deadlines & Process

- **November 15, 2023 (9:00 AM PST / 12:00 PM EST):** Supplemental Program Application Deadline
 - *Standardized reporting of research experiences and quantitative training*
 - *Contributions to diversity included in personal essay*
- **December 15, 2023:** Cal State Apply Application Deadline
- **January 2024 (check WebPortal for specific dates):** Deadline to Submit Transcripts to SDSU
- **Mid-January 2024:** Interview Offers Extended
- **February 5 & 6, 2024:** Two-Day **ONLINE** Interview Process

Holistic Review: What We Consider for a Competitive Application

- Research Experience
- Preparatory Coursework
- Fit with a Faculty Member's Interests
- GPA
- Statement of Purpose
- Letters of Recommendation

- *GREs will NOT be considered*

Thanks for your attention!

For questions, please email the program at: psycjdp@sdsu.edu

